

Breakout sessions: Mental health & wellbeing 2 Eliot

15:50-17:10

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The longitudinal development of positive psychosis experiences during late childhood and adolescence:

A latent transition analysis using the ALSPAC (Avon Longitudinal Study of Parents and Children)





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Overview

1) Background information

- 2) Methods
- 3) Results
- 4) Discussion





- Psychosis continuum
 - Phenomenological continuous
 - Structurally discontinuous
 - Temporally continuous (in terms of persistence) Linscott and van Os (2012)

• What actually happens to the *construct* over time?

• Annual prevalence of PEs: 7.2% Linscott and Van Os (2012)



• Psychosis in childhood and adolescence: Normative development for majority? Laurens et al. (2012)

• What happens to psychotic experiences during adolescence?

- Stability of PEs during adolescence via Latent Class Analysis
- Time points 1 3:

Four class solution High Risk High Uncertainty Delusional Uncertainty Baseline

- Time point 4: Three class solution High Risk Delusional Uncertainty Baseline
- Again: Continuity & Discontinuity

- Aims and hypotheses:
 - How do adolescents move through the classes over time?
 - Movement to adjacent classes most likely
 - High uncertainty class? some merge with high risk and some with delusional uncertainty

2) Methods

• ALSPAC – Avon Longitudinal Study of Parents and Children

Subsample of 8949 participants:
 answered 1 of 6 PE items at 1 of the 4 waves (11, 13,14,16 years)

- Delusions 4 (thoughts read, special messages, spied upon, under control)
- Hallucinations 2 (hearing voices, seeing things)

3) Results

Table 2c. Transition probabilities from the latent status at time point three to time point four

T3 below	T4 across	High risk	Delusional un	certainty Baseline
High risk		0.595	0.330	0.074
High uncertainty		0.185	0.798	0.017
Delusional uncertainty		0.016	0.657	0.327
Baseline		0.004	0.027	0.968

Note. T4-T3 = 2.5 years



Thank you for listening!

Any questions?

References

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- Laurens, K., & Hobbs, M. (2012). Psychotic-like experiences in a community sample of 8000 children aged 9 to 11 years: an item response theory analysis. *Psychological Medicine*, *43*(7), 1495–1506. doi:10.1017/S0033291711002108
- Linscott, R. J., & van Os, J. (2012). An updated and conservative systematic review and meta-analysis of epidemiological evidence on psychotic experiences in children and adults: on the pathway from proneness to persistence to dimensional expression across mental disorders. *Psychological Medicine*, 1–17. doi:10.1017/S0033291712001626





Aetiology of preadolescents' pervasive versus situational antisocial behaviour:

A multi-informant twin cohort study

CLOSER Conference London 2015 Jasmin Wertz, Louise Arseneault & E-Risk Team

Situations in which children may display antisocial behaviour









Children often don't behave antisocially across all of these situations

Angel Child or Devil Child? When Kids Save Their Bad Behavior for You

by Sara Bean, M.Ed.



Have you ever heard someone talk about how well-behaved your child is and thought in disbelief, "Excuse me? Are you talking about *my* kid?" While we usually enjoy hearing good things about our children, being told that your child is an angel by others can be confusing and frustrating when she's out of control at home. It's one thing if

your child acts out in a variety of places or situations, but it's a completely different thing when it feels like her anger is directed at you

De	Los	Rey	/es	et	al.,	2009:
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N (%)
153 (46.8%)
96 (29.4%)
49 (15%)
29 (8.8%)
327 (100%)

Psychological Bulletin 1987, Vol. 101, No. 2, 213-232 Copyright 1987 by the American Psychological Association, Inc. 0033-2909/87/\$00.75

Child/Adolescent Behavioral and Emotional Problems: Implications of Cross-Informant Correlations for Situational Specificity

Thomas M. Achenbach, Stephanie H. McConaughy, and Catherine T. Howell Department of Psychiatry, University of Vermont Pervasive versus situational behaviour differ in severity and outcomes

- -Pervasive behaviour...
 - signals more severe problems
 - is more strongly associated with later mental health and physical health problems
 - is more stable across time

• Do they also differ in aetiology?

Environmental Risk Longitudinal Twin Study



1,116 families with identical and nonidentical twins



Sweeps at ages 5 – 7 – 10 – 12 -18



Pervasive vs. situational

- **Pervasive antisocial behaviour**: behaviour that all informants agreed on
- Situational antisocial behaviour: behaviour that informants did not agree on



Genetic and environmental influences



Longitudinal perspective



Pervasive behaviour: Age 12



A = Genetic = C = Shared environment = E = Non-shared environment



[%] of variance accounted for by aetiological influences

Pervasive behaviour: Across time



A = Genetic = C = Shared environment = E = Non-shared environment

= How much of the influence was already in place at age 5



% of variance accounted for by aetiological influences

Situational behaviour: Age 12

A = Genetic = C = Shared environment = E = Non-shared environment









% of variance accounted for by aetiological influences



% of variance accounted for by aetiological influences

Summary

Pervasive behaviour

Situational behaviour

- Pronounced sex differences in aetiology
- Influences mostly genetic and shared-environmental
- Influences mostly stable across time

- Less pronounced sex differences in aetiology
- Some genetic influences, large non-shared env. Influences
- Influences less stable across time

Cross-cohort comparisons

- Multiple informants
- Other approaches to measuring pervasiveness:
 - Observing children in different contexts
 - Giving one informant a questionnaire asking about different contexts
- Twin design
- Other methods to measuring aetiology:
 - Directly assessing genetic variants
 - Directly assessing environmental influences

THANK YOU



Longitudinal associations between social networking website use and happiness in young people

An initiative by the Economic and Social Research Council, with scientific leadership by the Institute for Social and Economic Research, University of Essex, and survey delivery by NatCen Social Research and TNS BMRB

Ofcom reports on technology and social media use among UK adults, adolescents & children

Technology

• Among 12-15 year olds

80% watch TV regularly69% use a mobile phone49% use a computer39% use a tablet

Social Networking Sites

- 72% of all adults use SNS
- SNS use varies by age
 93% of 16-24 year olds use SNS
 92% use daily
- Among 12-15 year olds 71% use SNS
- 20% of 8-11 year olds have a SNS profile

Happiness among adolescents



• The 2014 Good Childhood Report uses data from a variety of sources to analyse UK children and adolescent well-being (The Children's Society and The University of York, 2014)

Year 6 and 8 children rated their overall life satisfaction as 8.5/10

7% had low life satisfaction

The mean level of happiness among this group was 8.6/10

Younger children more happy

Boys reported higher means of happiness than girls

 Happiness increased between 2000-2008 among 11-15 year olds but then dropped in 2009 and has not increased very much since

Boys consistently had higher levels of happiness

Current evidence about social media and happiness

• Most of the evidence is based on cross-sectional studies

Evidence from wave 1 UKHLS data shows that young people who chatted on SNS between 1-3 hours had significantly lower levels of happiness compared to those who chatted for <1 hour (Booker, et al, 2015)

Longitudinal Studies

Chinese students who at risk of moderate to severe internet addiction and who were depression free at baseline were 2.5 times more likely to develop depressive symptoms 9-months (Lam & Peng, 2010)

A sample of Spanish adolescents aged 13-17 found: (Gamez-Guadix, 2014)

Depressive symptoms at time 1 predicted an increase in internet use for social interactions, mood regulation and other negative outcomes at time 2

Only negative outcomes of internet use at wave 1 predicted depressive symptoms at wave 2

Research Questions



- How does SNS use and happiness change with age among UK young people?
- Are these changes related?
- Are initial levels of SNS use or happiness related with changes in the other?

UKHLS Youth Panel



- Paper and pen questionnaire given to young people aged 10-15 annually
- Similar to the adult interview there are annual and rotating modules
- At wave one, 4,899 young people completed questionnaire
- 949 young people have participated in all four waves
- The analysis sample for this study is 8,895
 50% male

Chatting on Social Networking Websites

- Young people were asked if they belong to a social web-site
 - If yes, then how many hours on a normal school day do they spend chatting or interacting with friends
 - Response ranged from none to 7+ hours
 - Responses were recoded:
 - 0 = Do not belong to a SNS
 - 1 = less than 1 hour
 - 2 = 1-3 hours
 - 3 = 4 or more hours

Happiness



 Young people were asked 6 questions about their happiness with different domains of their life: family life, friends, school, schoolwork, appearance and life overall

Questions were scored on a 7-point likert scale

A total happiness score (range 6-42) was created with higher score indicating higher levels of happiness

Mean happiness score = 35.4 (SD = 5.04)

Covariates

Time varying

Parental marital status

Married (ref), unmarried and divorced

Highest parental educational qualification

In two parent households the highest qualification was taken

Degree (ref), other higher, a level, GCSE & O levels and no qualification

Time invariant

Parent's ethnicity

Child's gender



Parallel Growth Models



- Latent growth curve models to examine the changes in SNS use and happiness of the average 10-15 year old using the first 4 waves of UKHLS
- One model each for SNS use and happiness
 Covariates were included in each model
- Models were then combined in parallel growth model to investigate the correlations between the intercepts and the slopes of each model



Happiness Model Results



Mean happiness at baseline is 34.65 (se =0.22), which increases on average by 0.21 (se = 0.07) with 1 year in age increase.



Mean SNS use was set at 0. SNS use increases by 0.52 (se = 0.38) with 1 year increase in age.



Is SNS use associated with happiness over time?

- Both happiness and SNS use increase with age The increase in SNS also slows down with age
- Rates of change in SNS use and happiness varied by gender

There was also an association between having a Black African/Caribbean mother and change in SNS use

Baseline happiness and SNS use were the only significant associations

What still needs to be done?



- Test for gender differences
- Include time varying covariates to parallel model

What are some of the strengths & limitations?

• Strengths

One of the first longitudinal studies of the associations between SNS use and happiness among young people Large, nationally representative sample

Limitations

Do not have information on:

Non-school day use

Use of SNS on other platforms (i.e. smartphones and tablets)

Other uses of SNS, not for chatting with friends

Which sites are used and whether cites are used differently

SDQ is not measures annually so we cannot look at a measure of negative well-being

Final Thoughts



 SNS use and happiness change with age among UK young people While the levels of SNS use and happiness at wave 1 were associated the rates of change were not

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Find out more about our work and sign up for our e-news letter <u>www.iser.essex.ac.uk</u> @iseressex

For more information about UKHLS <u>https://www.understandingsociety.ac.uk/</u> @usociety



Closing plenary session Auditorium

17:10-17:40

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