



# Analytical approaches in cross-cohort research

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#### Cross-cohort work approaches

#### Data pooling

- Aggregate data meta analysis (AG)
- Individual patient meta analysis (IPD)

IPD increases power to detect treatment effects (particularly useful in randomized clinical trials); technically challenging

#### Integrative/ independent data analysis (IDA)

Coordinated analytical approach (Piccinin et al 2013)

Useful for evaluation of replicability & of patterns of results

#### Cross-cohort work approaches

- Data pooling and IDA require different levels of data harmonisation
- Harmonisation: qualitative or statistical
  - Qualitative: ex creating study specific study cut points for variables like age to convert data into common format
  - Statistical: uses specialised methods to derive common format data
  - Unfortunately, neither is common practice in systematic reviews
- Harmonization: prospective or retrospective
  - Prospective: data collected following a previously agreed protocol (ex: SHARE)
  - Retrospective: done after data has been collected, not always possible or complete (can be partial)

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# Data pooling

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### Data pooling

- Data pooling, either for AD or IDA, requires data harmonisation to obtain interpretable results
- When pooling cognitive data, researchers are faced with multiple challenges, as outcomes are rarely binary
- Quite often, cognitive tests consist of a questionnaire such that correct answers to individual questions are scored and the final test score is the sum of the individual scores
- For example, to evaluate global cognitive function, many studies use the Mini Mental State Exam

#### Mini Mental State Examination

#### Mini-Mental State Examination (MMSE)

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

#### Instructions: Score one point for each correct response within each question or activity.

Maximum Score	Patient's Score	Questions
5		"What is the year? Season? Date? Day? Month?"
5		"Where are we now? State? County? Town/city? Hospital? Floor?"
з		The examiner names three unrelated objects clearly and slowly, then the instructor asks the patient to name all three of them. The patient's response is used for scoring. The examiner repeats them until patient learns all of them, if possible.
5		"I would like you to count backward from 100 by sevens." (93, 86, 79, 72, 65, …) Alternative: "Spell WORLD backwards." (D-L-R-O-W)
3		"Earlier I told you the names of three things. Can you tell me what those were?"
2		Show the patient two simple objects, such as a wristwatch and a pencil, and ask the patient to name them.
1		"Repeat the phrase: 'No ifs, ands, or buts.'"
3		"Take the paper in your right hand, fold it in half, and put it on the floor." (The examiner gives the patient a piece of blank paper.)
1		"Please read this and do what it says." (Written instruction is "Close your eyes.")
1		"Make up and write a sentence about anything." (This sentence must contain a noun and a verb.)
1		"Please copy this picture." (The examiner gives the patient a blank piece of paper and asks him/her to draw the symbol below. All 10 angles must be present and two must intersect.)
30		TOTAL

## Data pooling

• Questionnaire data in different studies may have missing items

(MMSE may not include some questions, some say too loaded on memory)

- Language differences may be considerable & translation of tests is not direct.
- Difficulty of the items may vary between countries
- Even within languages variations should be expected (ex: arete, caravana, pendiente; medias, calcetas, escarpines, calcetines)
- These differences are usually ignored when pooling data

# Methods used in harmonization of cognitive variables

- Ignoring item harmonization, various methods have been proposed.
- Each method makes different assumptions, we will discuss them when necessary
- Three commonly used methods of harmonization are:
  - T-scores
  - C-scores
  - Calculation of latent variables

#### **T-scores**

- Converts raw cognitive measures to demographically corrected standardized scores
  - Normalize each score (ex: wrt mean 10, st dev 3)
  - Regress each t-scores on age, sex, education (wrt. specific group by centering)
  - Calculate residuals=(actual scaled score-predicted scaled score)
  - Convert residuals to t-scores
  - These t-scores are interpreted as how an individual's score on each cognitive measure compares to the average score of participants of same sex and age & education.

#### C-scores

- Calculation of study specific scores standardized relative to a consistent group across datasets
  - sociodemographic information used to identify the centering group
  - Ex: C-score=(raw score-mean females aged 70-74, with 8 yrs education / st. dev of females aged 70-74, with 8 yrs. education)
- C-scores & t-scores do not take into account the differences between the measurements properties of the scales

### Latent variable approach

- The LVM assumes that the overall test score of a participant is influenced by a univariate continuous variable unique to that participant
- The overall test score is viewed as counts representing a correct number of scored test item
- Conditional on the latent variable, the overall test score follows a binomial distribution such that:

$$Y_{ij} = y_{ij} | Z_i = z \gg Bin(N_j, p_{ij}(z)); Z_i \gg N(0, t_i^2)$$

 $Y_{ij}$  = number of correctly scoring test items for test for person *i* 

Probability of correctly scoring an item is modelled using a logistic regression K

$$\log it(p_{ij}(z)) = b_{0j} + \overset{-}{a}_{k=1} b_k x_{ik} + z$$

where the intercept is related to the difficulty of the test MRC LHA @ UCL

### Latent variable approach

• The st. deviation  $t_i^2$  can also be related to covariates and indicates whether the tests can discriminate between groups (whether performance differences between men are larger than between women); such that

$$\log(t) = h_0 + \mathop{\text{a}}_{k=1}^{K} h_k x_{ik}$$

- An essential assumption of this method is that the mean and variance of the latent variable for each item would be the same across studies (factorial invariance)
- This method is technically complex and requires the use of specialised software

#### Comparison of the 3 approaches

Griffin et al. compared the 3 methods and concluded that:

- T-scores least desirable compared to C-scores or latent variable (LV) method.
- T-scores assume that the sample characteristics are identical across studies. C-scores makes similar assumption but for a subgroup.
- Within study standarisation (T-scores) is not desirable as it ignores differences in scale and sample distributions
- LV most desirable & only method that allows for testing measurement invariance
- Higher complexity when longitudinal data is harmonized

## Assumptions of different methods

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Method	Assumptions	How Can It Be Applied		
Standardization Methods 6 studies used this class of methods, e.g., Minicuci, N. 2003 <sup>74</sup>	<ul> <li>Scales have an underlying normal distribution</li> <li>The scales have a similar distribution (i.e., being in the 5<sup>th</sup> percentile of one scale is equivalent to being in the 5<sup>th</sup> percentile of another)</li> </ul>	Can be applied in most situations with continuous variables and does not require specialized software Does not require common items across studies Need to transform back to a chosen scale(s) for interpretation		
Item Response Theory Latent Variable Model 15 studies used this class of methods, e.g., Van Buuren, S. 2005; <sup>76</sup> Bauer, DJ. 2009; <sup>70</sup> McArdle, J. 2009 <sup>73</sup>	<ul> <li>Underlying constructs are unidimensional</li> <li>Some items must be common across datasets or at least can be "chained" together</li> <li>The items are equally discriminating (only for IP and Rasch models)</li> <li>Factorial invariance</li> <li>If repeated measures:         <ul> <li>Item difficulty is invariant with respect to time or age</li> <li>Item discrimination does not change across time or age</li> </ul> </li> </ul>	Can be applied to continuous, binary and ordinal data but requires some specialized software Can accommodate different scale types among items However can be extended to include longitudinal data as per McArdle, et al. by integrating IRT and latent curve modeling using a joint model likelihood approach		
Missing data by design with multiple imputation 3 studies used this class of methods, e.g., Burns, RA. 2011 <sup>71</sup>	<ul> <li>Missingness is assumed to be at random (i.e., MAR)</li> <li>Some items must be common across datasets or at least can be "chained" together</li> </ul>	Can be applied to continuous, binary and ordinal data but requires some specialized software and multiple datasets Can accommodate different scale types among items Can be used if scales are not		

unidimensional

#### Table 5. Assumptions for the different classes of statistical harmonization methods

Integrative data analysis (IDA)

#### Coordinated analytical approach

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 Often, researchers are interested in replicability /reproducibility of results.



#### Example

A long standing question in ageing research is whether education is associated with cognitive decline.

#### Lenehan et al (2014), in a recent review published:

 Table 1
 Studies examining the association between education and age-related cognitive decline

Authors and date	n	Sample and sampling method	Age range at baseline (years)	Education categorical or continuous	Mean education ± SD (years)	Study design and analysis	Cognitive functions	Findings
Cullum et al. (2000) <sup>34</sup>	135	Subsample of the Cambridge City Over-75 Cohort; a population-based sample drawn from general practice lists	75–85+	Categorical: <15 years (64%) >15 years (36%)	NA	Two assessments over 4 years; logistic regression	The Cambridge Cognitive Examination subscales: memory, attention/calculation (combined), perception, orientation, praxis, abstract-thought and language	Less education is associated with decline in memory subscale only. Declines occurred in all other functions but were not associated with education.
Christensen et al. (2001) <sup>25</sup>	887	Canberra Longitudinal Study; probability sample of persons aged over 70 years drawn from electoral roll, community dwelling	70–93	Continuous & <10 (n = 68) 10–12 (n = 127) >12 (n = 99)	NA	Three assessments over 8 years: (i) latent growth curve modelling; (ii) avova; and (iii) regression analyses on survivors for whom complete data available (n = 294)	Crystallised intelligence (vocabulary, similarities, and NART); memory (word recognition, recall of three items, address recall); speed (SLMT); general cognitive function (MMSE)	Education was significantly related to level of CIQ, memory, and speed. Education level was not associated with differences in rates of decline on any cognitive measure. Education was associated with better performance in CIQ, speed, and MMSE, but not memory. Decline was evident across 8-year period for speed, memory, and MMSE, but not for CIQ; there were no differences in rate of decline as a function of level of education for any function.
Bosma et al. (2003) <sup>35</sup>	708	Maastricht Aging Study longitudinal data; convenience sample drawn from a registration network of general practices	50-80	Continuous and three categories ranging from primary education to university education	NA	Two assessments over 3 years; ordinary least squares regression	Processing speed (modified Stroop-Colour-Word Test); verbal memory (Verbal Learning Test); general cognitive function (MMSE)	Low educational level was associated with faster decline in speed, memory, and general cognitive function when compared to a high educational level. The associations lose statistical significance when controlling for mental workload and intellectual abilities.
Seeman et al. (2005) <sup>33</sup>	895	MacArthur Successful Aging Study data; population-based sample from which a subsample was drawn on the basis of age and physical and mental health	70–79	0–8 years (reference group) (29.1%) 9–11 years (25.5%) 12 years (24.0%) 13 + years (21.5%)	Overall 10.64 ± 3.43	Three assessments over 7 years; mixed models	Memory (sum of delayed incidental recall and delayed spatial recognition); abstraction (four items of similarities); language (modified BNT); spatial ability (figures); global cognition (sum of scores on five tests listed above)	Higher education was associated with better performance on all five cognitive measures. There were no significant differences in rates of decline as a function of education level across any function. For those with 13+ and 9–11 years education, the APOE <i>e1</i> allele was associated with faster decline in global cognition over time, similar to a trend observed for those with 12 years education ( <i>P</i> > 0.05).
Alley et al. (2007) <sup>24</sup>	6651	Asset and Health Dynamics of the Oldest Old data; nationally representative sample of older Americans living in the community	70+	Continuous	11.1 ± 3.5	Four assessments over 7 years; growth curve modelling	Verbal memory (delayed and immediate recall); working memory (serial sevens); general mental status (Telephone Interview for Cognitive Status)	Higher education was related to better performance on all three cognitive tests. Higher education was associated with slower decline in general mental status and faster decline in verbal memory; it was unrelated to the rate of decline in working memory.
Van Dijk <i>et al.</i> (2008) <sup>29</sup>	872	MacArthur Successful Aging Study data; subsample drawn on the basis of age and cases with no missing data; convenience sample randomly drawn from general practice registers	49–81	Categorical: Low (primary and lower vocational, <10 years) High (secondary education or university)	Low: 8.3 ± 1.6 High: 11.3 ± 2.9 Total sample: 9.9 ± 2.8	Three assessments over 6 years; linear mixed modelling	Verbal learning (the Verbal Learning Test); long-term memory (delayed recall modified RAVLT); attention switching (modification of Trail Making); semantic fluency (verbal fluency test); phonemic fluency (verbal fluency test); interference control (Stroop-Colour-Word Test); mental speed (Letter Digit Substitution Test); general contrive status (MMSE)	Higher education was related to better performance on all cognitive tests. Rate of decline did not differ depending on educational level on any of the cognitive tests.



APOE, apolipoprotein; BNT, Boston Naming Test; CIQ, crystallized intelligence quotient; MMSE, Mini-Mental State Examination; NA, not available; NART, National Adult Reading Test; RAVLT, Rey Auditory Verbal Learning Test; SMLT, Symbol-Letter Modalities Test.

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### Example

- Lenehan identified multiple reasons that could explain different results
- Amongst them, differences in <u>statistical analysis</u> used appeared as a significant source of heterogeneity of results
- The <u>coordinated analytical approach</u> proposed by Piccinin et al (2013) aims at reducing differences due to the fit of different statistical models.
- Same model fitted independently to various studies
- Consistent data coding (continuous covariates centered at same values; categorical variables also coded consistently)
- Sensitivity analyses are essential
- Coordinated approach will facilitate the comparison of results & identification or patterns of results

### Coordinated analysis approach (Piccinin et al, 2013)

- MMSE scores from 6 longitudinal studies of ageing:
- -Canberra Longitudinal Study (CLS, English)
- -Gerontological & Geriatric Population Studies of Gothenburg (H-70, Swedish)
- -Healthy Older Person Edinburgh (HOPE, English)
- -Origins of Variance in the Oldest Old (OCTO, Swedish)
- -Longitudinal Aging Study of Amsterdam (LASA, Dutch)
- -Swedish Adoption/Twin Study of Ageing (SATSA, Swedish)
- Most studies initiated in the early 1990s, except SATSA (1984) & H70 (1971, but MMSE first collected 1986)
- CLS (4 occ., ≈3.5 yrs apart); HOPE (4 occ., ≈4yrs apart);OCTO (5 occ., ≈2 yrs apart); LASA (5 occ., ≈3 yrs apart); SATSA (5 occ., ≈3 yrs apart);

## Coordinated analysis approach

- LGM (regular & Tobit) fitted using time in study as time metric, with intercept and rate of change adjusted for age, sex (male=0, female=1) & education.
- Two sets of models were fitted:
  - <u>Covariates</u> centered at <u>study specific</u> median value:

Intercept & slope interpreted as expected value for men at median age with median level of education for the sample

 <u>Covariates</u> centered at age 83 yrs and 7 yrs of education for <u>common</u> centering (except H70 & SATSA):

*Intercept* & *slope interpreted as expected values for men aged* 83 *with 7 yrs of education* 

H70 single initial age but aged 85 at  $1^{st}$  MMSE measurement ;H70 education already coded as <6 vs. >6 and SATSA with 4 categories

### Coordinated analysis approach

- In all 6 studies, MMSE performance positively associated with level of educational attainment, controlling for age & sex
- In general, no association between education & rate of change except for OCTO
- Older individuals tended to score lower & declined at a faster rate



#### Conclusion

- Common centering: results essentially equivalent (except for intercept and linear slope means)
- Intercepts went down a bit (CLS: 24.20 vs 27.07 ; HOPE: 26.14 vs 27.84; LASA: 25.25 vs. 27.42; OCTO: 26.38 vs. 25.87)
- Rate of change moved towards OCTO's (CLS -0.42 vs. -0.22; HOPE -0.26 vs. -0.15; LASA -0.39 vs. -0.19; OCTO -1.20 vs. -1.27)
- <u>So, overall, different centering of covariates influenced</u> <u>trajectory parameter estimates but not their associations with</u> <u>the covariates</u>

## Conclusion

- Coordinated analytical approach allowed us:
  - to perform a fairer comparison of results across studies
  - gain opportunities to understand reasons for diverse results
- As seen, may not be possible in all studies, but sometimes partial comparisons are still possible
- Provide best possible input for meta analysis of aggregate results if evidence synthesis is of interest.

### References & suggested readings

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