# Drinking patterns and violent behaviour amongst young people in England and Wales

Secondary analysis of the Offending Crime and Justice Survey

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### Young people's drinking patterns in UK

 Lifetime alcohol prevalence decreasing in children (11-15 years)...

However

amount of alcohol consumed amongst recent drinkers (in the last week) remains relatively stable (Fuller et al., 2011).

 Pupils (15-16 years) report more frequent heavy episodic drinking and drunkenness than most of their European counterparts...

Consequently

experiencing higher levels of alcohol-related harm, including violence (Hibell et al., 2012).

 Prevalence of weekly drinking amongst young adults (16-24 years) has fallen...

However

increased proportion drinking in excess of recommended weekly limits for men and women in Great Britain from 1988 to 2006 (Smith and Foxcroft, 2009).

## What do we know about drinking and violence amongst young people?

- Interpersonal assault
  - Common amongst young people (WHO, 2006; McVeigh et al., 2005)



- Established cross-sectional association
  - heavy episodic drinking ('binge drinking')
     (Matthews and Richardson, 2005; Finney, 2004; Shepherd, 1994; Room and Rossow, 2001)



- Pharmacological effects, personal characteristics and contextual factors...
  - Friends, family and peers, settings, expectancies, stage in the life course...



## What role do attitudes play?

- Cultural variation in alcohol-violence relationship (Sumner and Parker, 1995; Plant and Miller, 2007)
- Drinking: cultural and learned behaviour
   (Graham, 1980; Sumner and Parker, 1995; Berridge et al., 2007; Quigley and Leonard, 2006)
- Attitudes may mediate the alcohol-violence relationship (MacAndrew and Edgerton, 1969; Graham, 1980; Graham et al., 1998; Quigley and Leonard, 2006; Sumner and Parker, 1995; Plant and Miller, 2007)
- Distinct attitudes in late adolescence / early adulthood

## Why a developmental focus?

 ASB and heavy drinking during adolescence and early adulthood

(Farrington 2003; Huang et al. 2001; Loeber et al 2003).

Widespread concurrent alcohol use and violent behaviour

• Mixed evidence on role of earlier drinking on future violent behaviour (Blitstein et al., 2005; Swahn and Donovan, 2004; White et al., 1993; Huang et al., 2001).

## Why a developmental focus?

- Little longitudinal research amongst English and Welsh youth
  - Important given cultural dimensions that influence alcoholviolence relationship.

 Less known about the extent to which variation in violent behaviour can be explained by variation in drinking patterns.

## Aims of the study

- 1. Build on evidence of concurrent behavioural associations between alcohol drinking and violent behaviour identified in many cross sectional studies on English and Welsh youth.
- 2. Explore the proportion of variation in violence attributable to change between individuals and within individuals, as well as the relative contributions of their drinking patterns.
- 3. Assess mediating role of attitudes held towards alcohol in the alcohol-violence relationship.

## The study: OCJS

- Nationally representative self-report data on young people's offending and alcohol consumption between 2003 and 2006
  - ✓ Assault (with and without incurring injury)
  - √ 'Binge' drinking measure since 2004
  - ✓ Attitudinal measures
  - ✓ Longitudinal design





#### Methods

Focus on those aged between 16 and 29

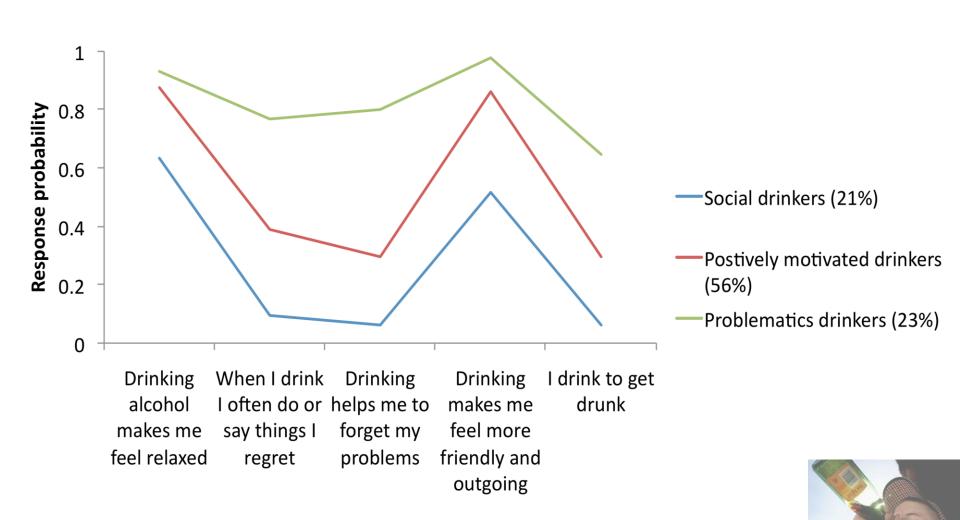
LCA: identify classifications of individuals who held similar attitudes

Lagged regression models: current and earlier drinking and violent behaviour

 as well as drinking attitude classification, age, age<sup>2</sup> and gender MLM: variation within and between individuals propensity to commit assault, controlling for drinking behaviour

 as well as drinking attitude classification, age, age2, sweep year and gender

## Findings: LCA



## Findings: lagged models

Drinking pattern in Assault 
 Assault 

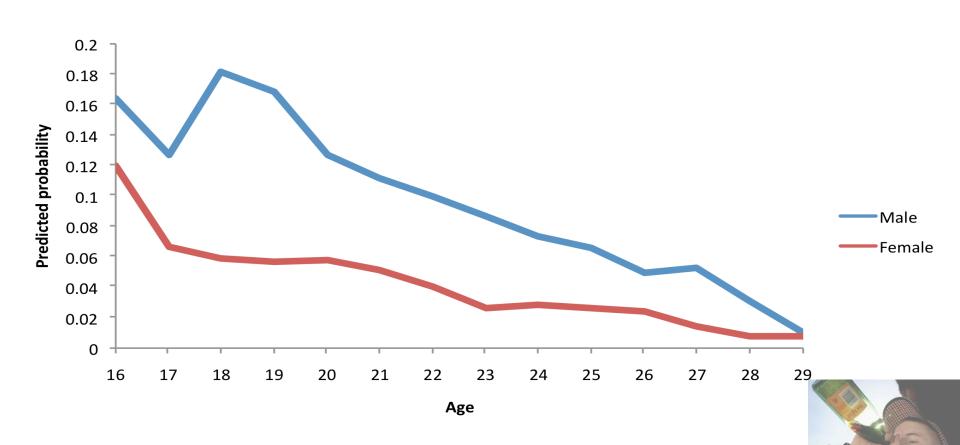
Prior violence
 Assault ✓

 Drinking attitude (ML class membership)

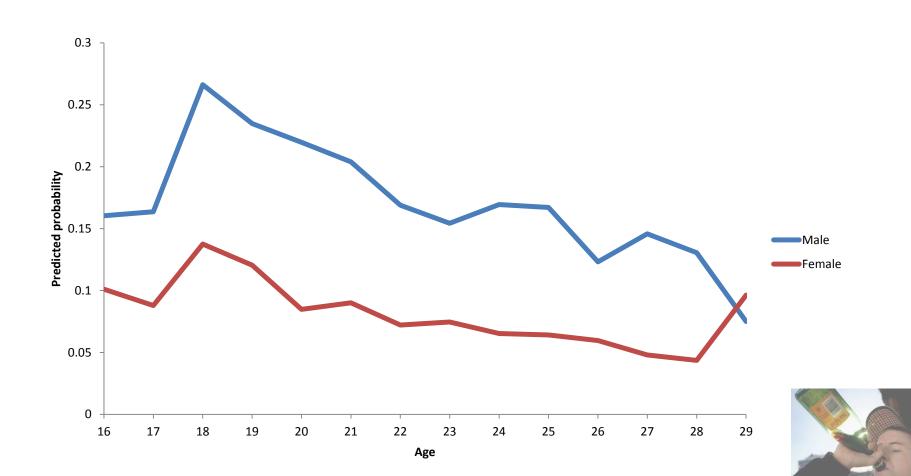
Assault ✓

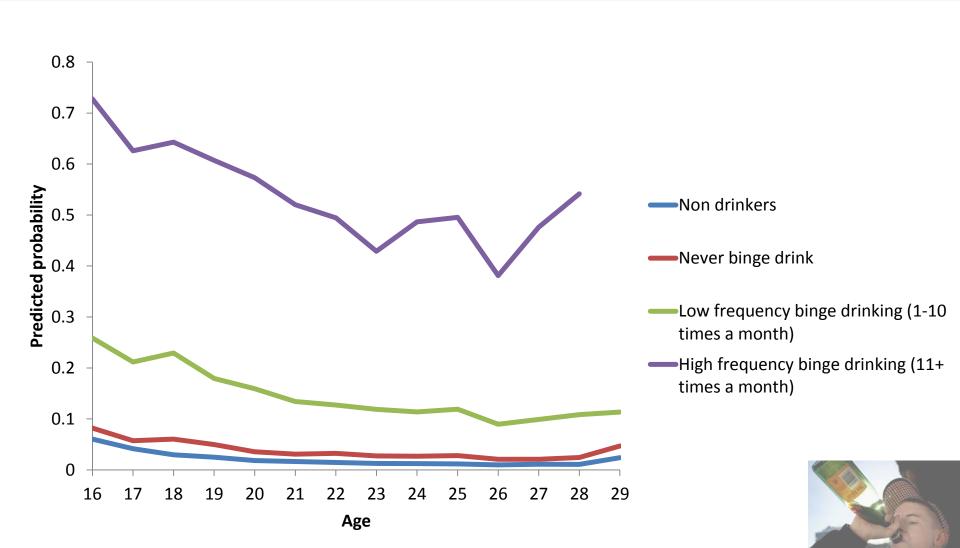


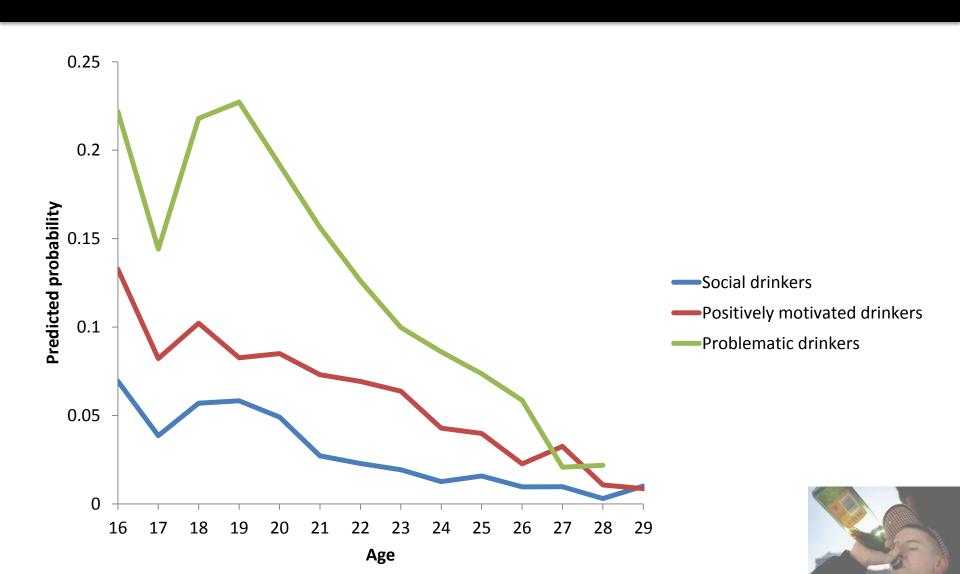
#### When considering those who drink



When also considering those who do not drink







## What are the key findings?

Heavy drinking frequency associated with increase risk of violent offending

- risk for males higher than for females
- although gap narrows as age increases

## Contemporaneous association between drinking and violence

- times when young people are drinking more they are more likely to behaviour violently
- group of individuals who continue to drink heavily and perpetrate violence

#### Attitudes mediate the alcohol-violence relationship

problematic drinkers more likely to commit an assault offence

## What does this mean for policy?

#### Reducing drinking

- Situational crime prevention
- •Structured programmes in CJ setting

Increase in drinking

Trigger for prompt intervention

Work with young people to address their difficulties and drinking attitudes/motives



Acknowledge differential risk for males and females

## Thank you

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