

# CLOSER Conference

## Ageing

Chair: **Amanda Sacker**

- Beyond "Social Syndrome": An interplay among education, social class and wealth, predicting dementia risk in the English Longitudinal Study of Ageing  
**Dorina Cadar**
- Retirement and Health: Evidence from England  
**Liam Rose**
- Job loss and Aging in the Philippines  
**Mae Abigail Oberos**
- Supporting ageing parents and changes in quality of life in Sweden and Denmark  
**Thijs Van Den Broek**



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WIFI: BL-GUEST-CONF  
Password: BLgue5T23



# Beyond "social syndrome": an interplay among education, social class and wealth predicting dementia risk in the English Longitudinal Study of Ageing

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CLOSER Conference 1-2<sup>nd</sup> November 2017

# Overview

- Dementia a global health challenge
- Risk factors associated with dementia
- Socioeconomic disparities and dementia prevalence in ELSA



*How much control you have over life—the opportunities for social engagement and participation are crucial for health, well-being, and longevity.*

# THE STATUS SYNDROME

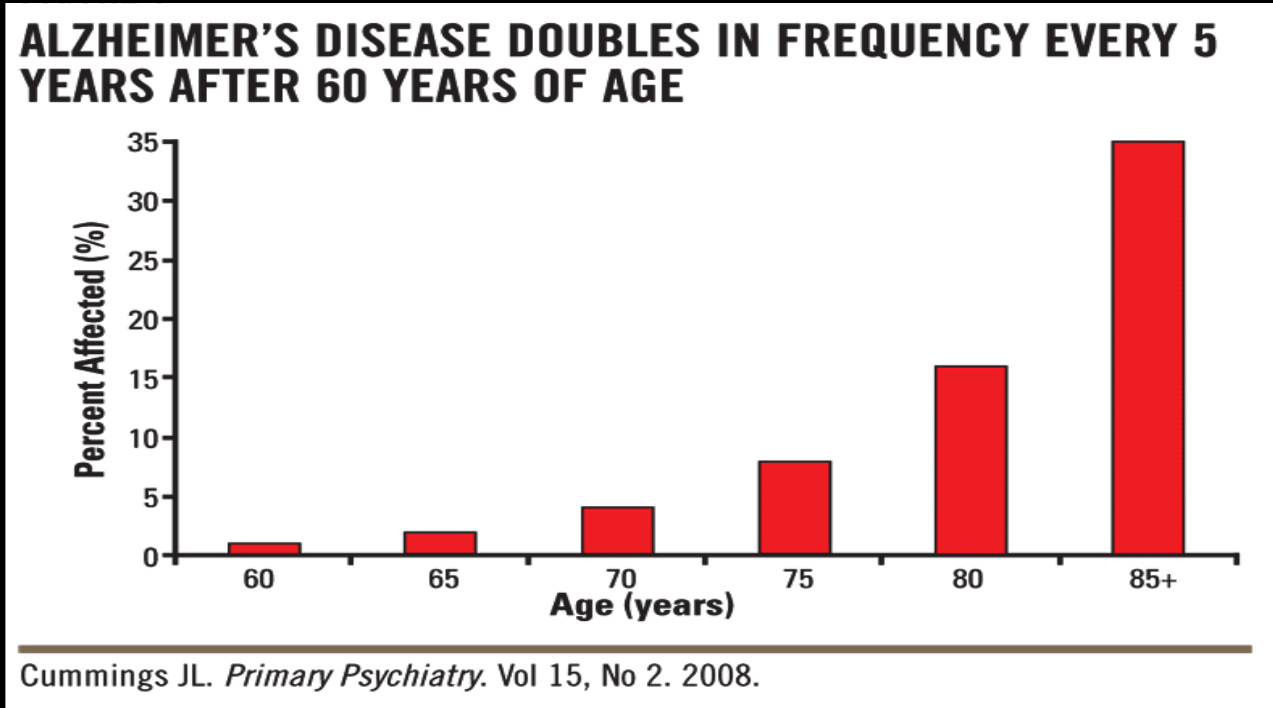
How Social Standing Affects Our Health and Longevity

*It is inequality in these that plays a big part in producing the social gradient in health*

MICHAEL MARMOT

**Hans Werner: How human systems develop, age and end**

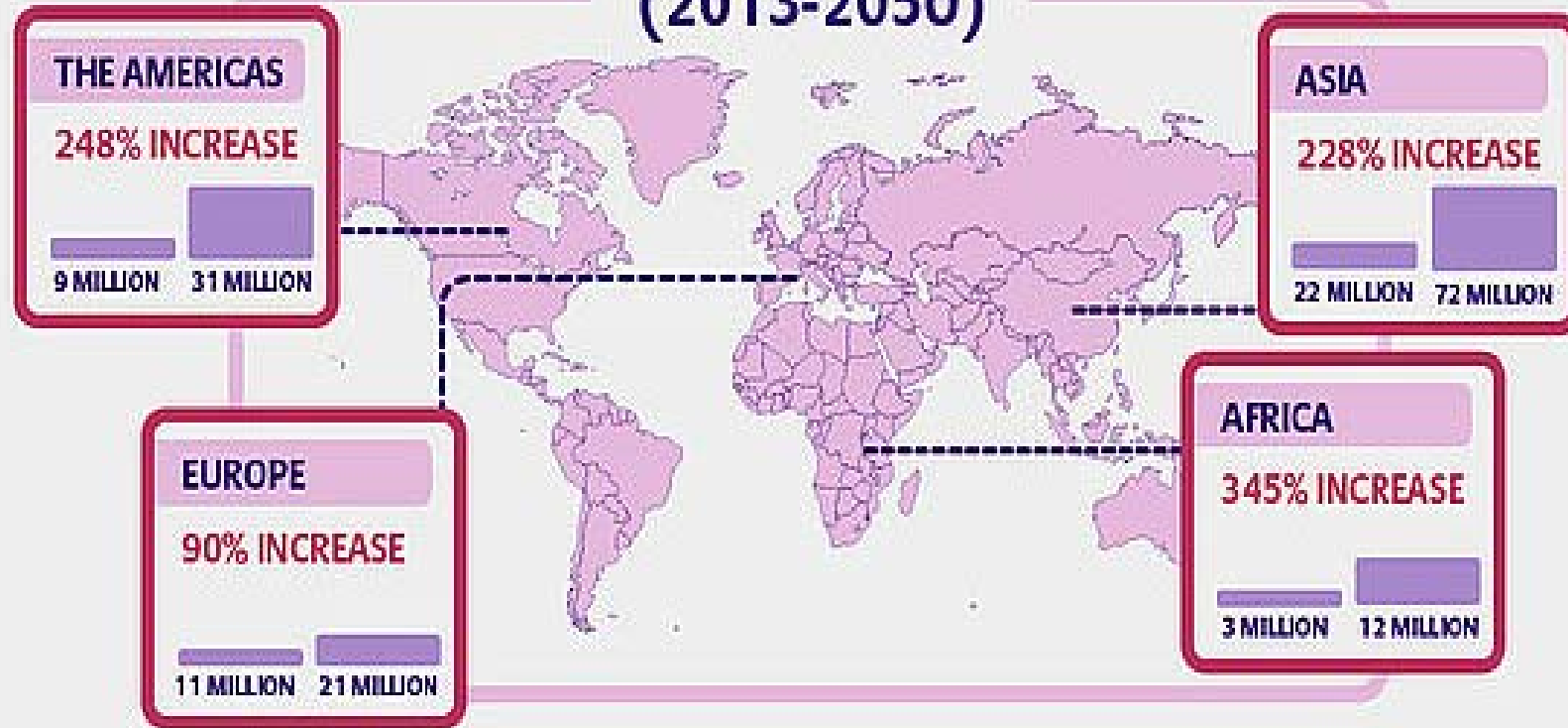
# Background



- 1% at age 60 years have Alzheimer's disease
- Worldwide - 44 million people with dementia
- UK: 770 to 800 000 people with dementia diagnosis

# Dementia: not Just a Rich-Country Disease Anymore

## Estimated Number of People with Dementia (2013-2050)

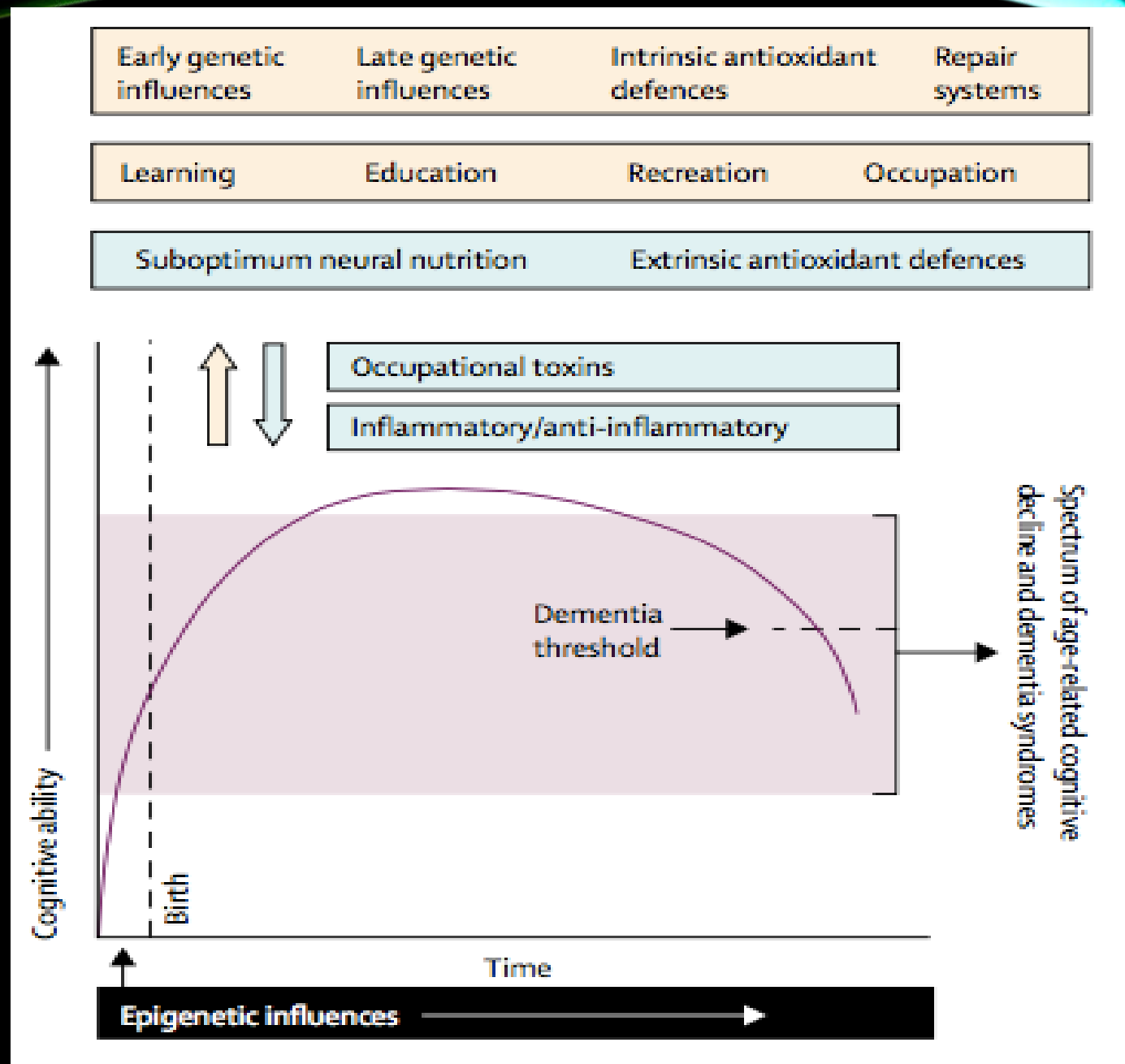


## Modifiable risk factors (Environmental influences)

- Socioeconomic factors
- Lifestyle behaviours
- Cardiometabolic risk factors

## Non-modifiable risk factors

- Age
- Ethnicity
- Genetics (APOE4)





# DEMENTIA

## 9 WAYS TO REDUCE YOUR RISK

**1** IN **3**

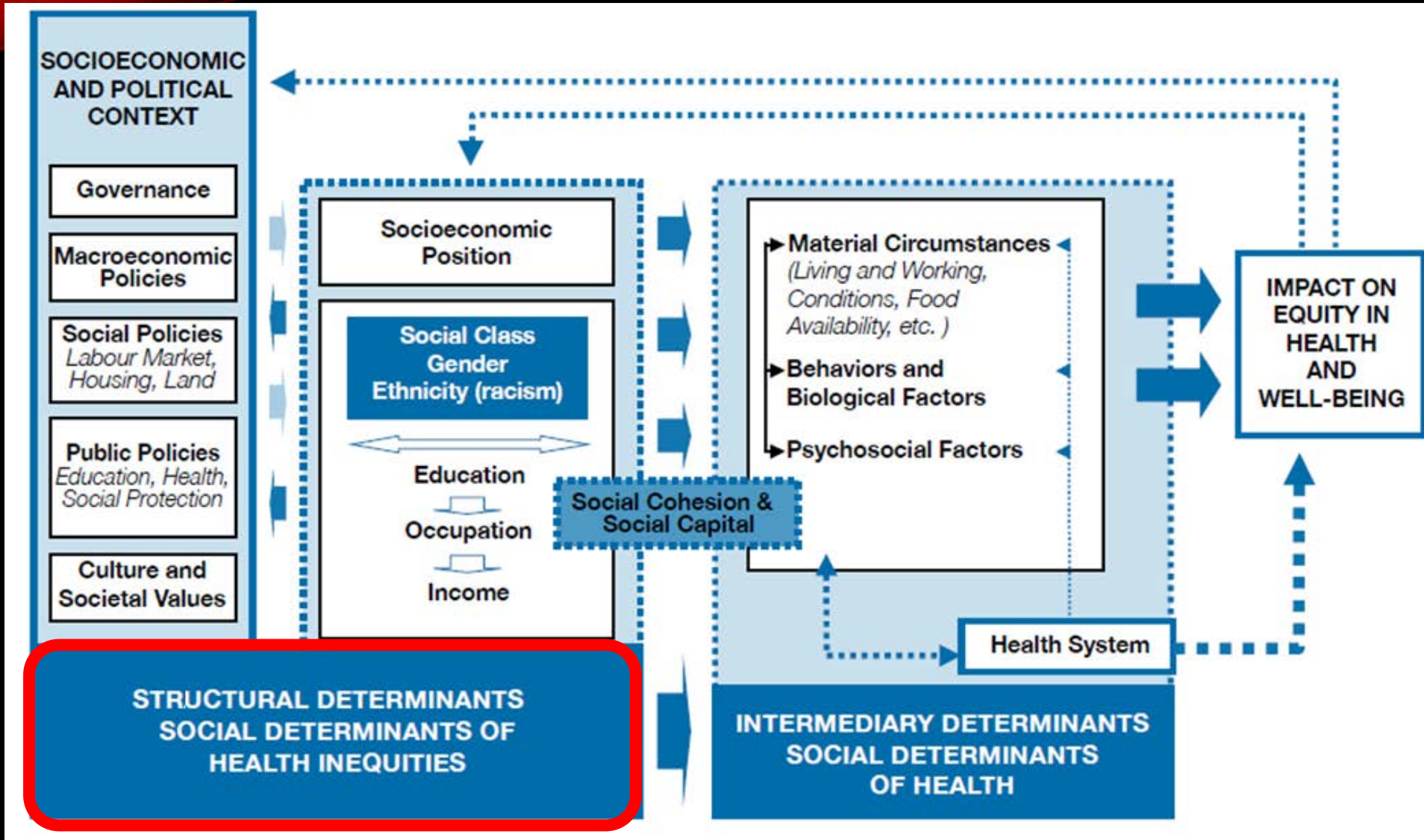
cases of dementia  
could be prevented  
by addressing these  
lifestyle factors



Source: Lancet Commission on Dementia Prevention and Care  
Credit: Keck Medicine of USC

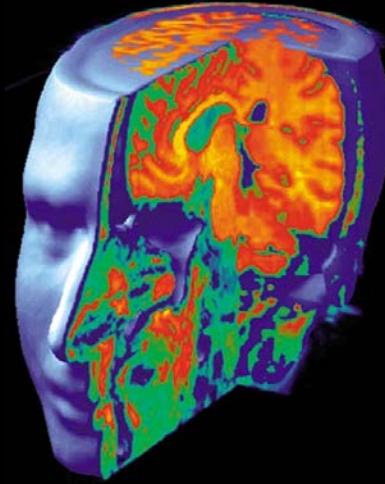


# SES Structural influences



# Why education?

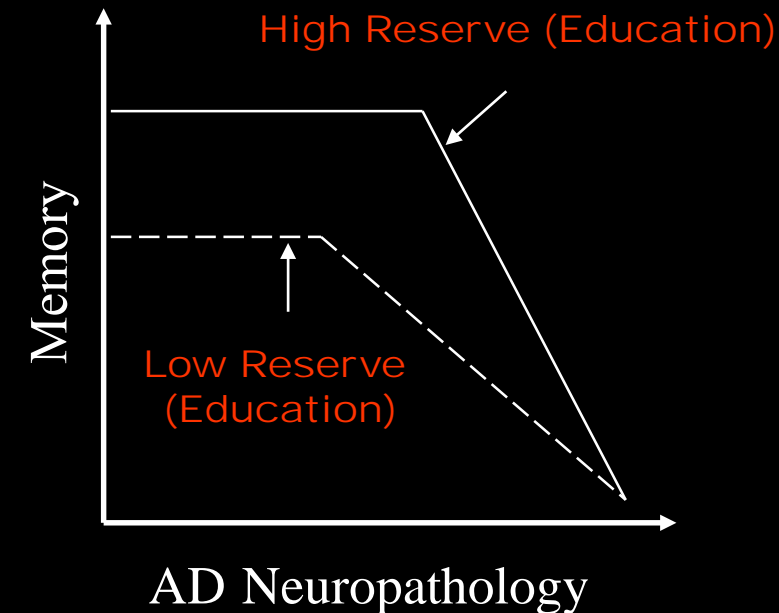
Education - a marker of cognitive reserve (*Stern, 2009*)



## What is cognitive reserve?

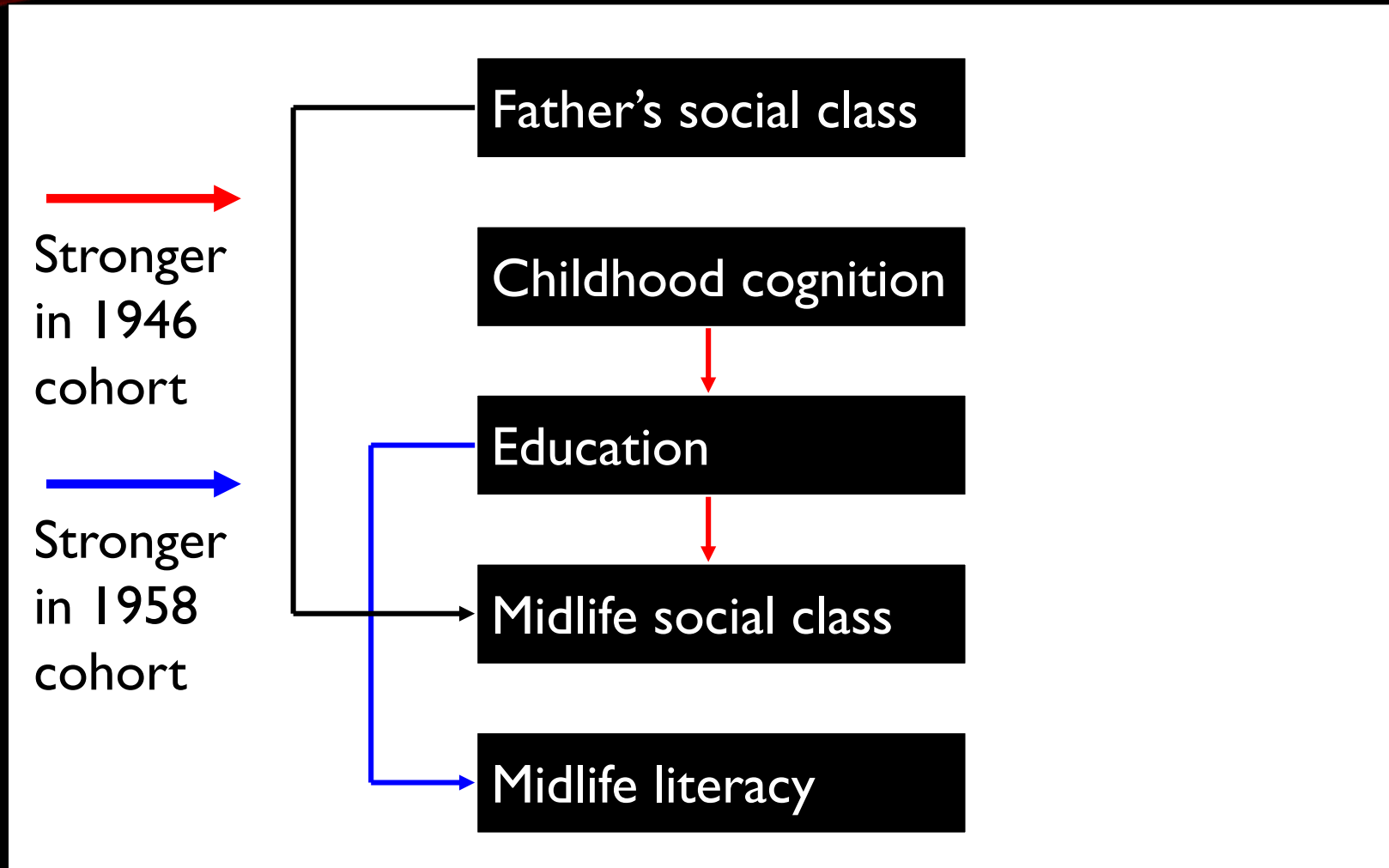
Individuals with a greater cognitive reserve (CR) capacity (higher education) will have a lower risk of developing dementia than individuals with less cognitive reserve.

- ✓ higher CR - associated with a delay in dementia
- ✓ compensatory mechanisms when facing the growing neuropathological load (*Rapp, 2013, Tervo, 2004*)
- ✓ higher CR - exhibit a better cognition but faster decline, once a certain threshold of dementia is reached (*Wilson, 2004, Hall, 2007*)



*Stern et al, Neurology 1999*

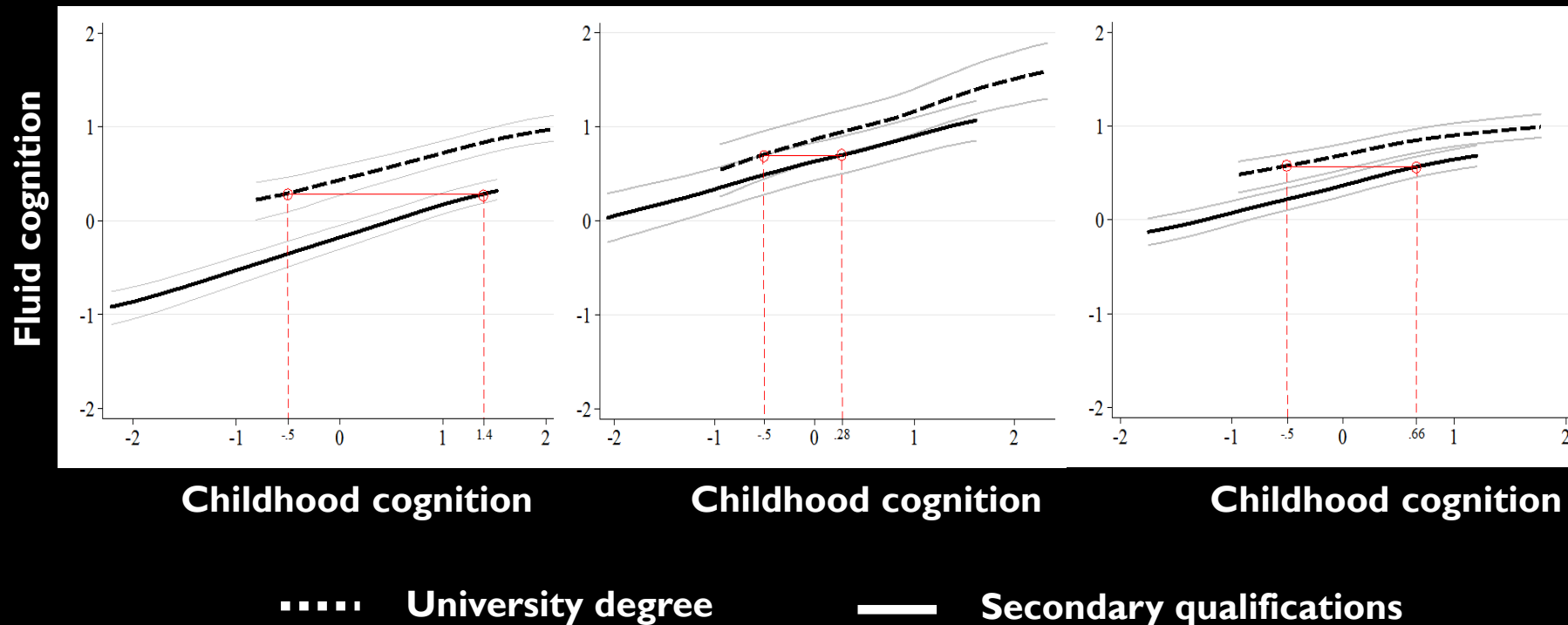
# Education and midlife cognition





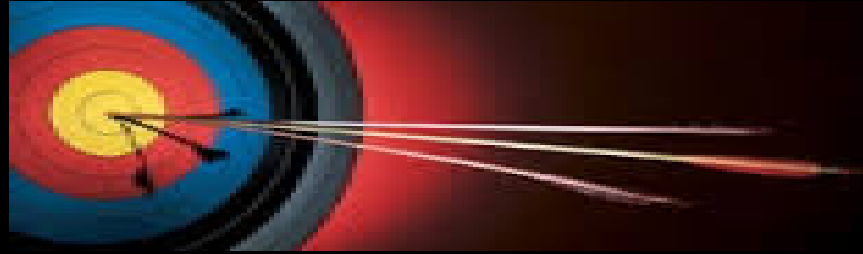
# Education and midlife cognition

Wisconsin 1939 birth cohort    NSHD 1946 birth cohort    NCDS 1958 birth cohort



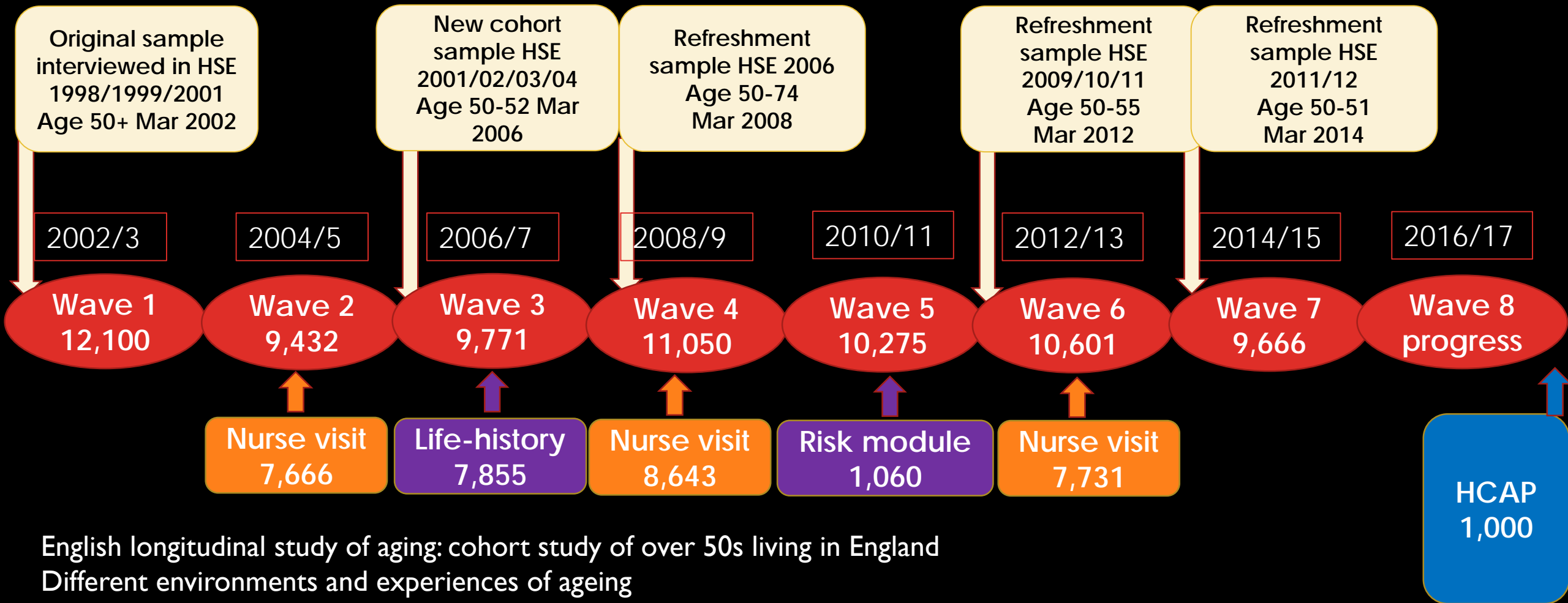
*Clouston et al. International Journal of Epidemiology 2012*

**Aim:**



***To investigate the role of multiple markers of socioeconomic status (e.g. education, occupation and wealth) in relation to dementia prevalence in the English Longitudinal Study of Ageing (ELSA)***

# ELSA - TIMELINE





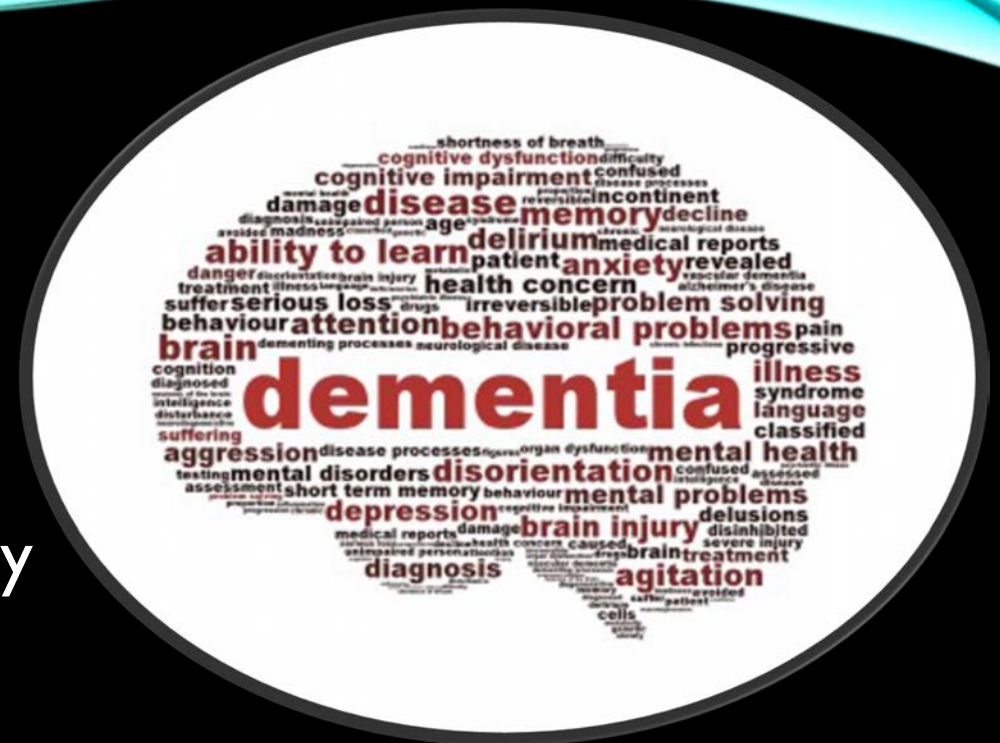
## Methods

## Participants

11,357 individuals aged 50 + at study entry

## Dementia

Self-report dementia diagnosis made by a physician coupled with a score of 3.38 or higher on the Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) *Jorm & Jacomb, 1989.*



# Methods

## Statistical analysis

The associations between baseline education, occupation and household wealth were examined in relation to dementia prevalence (by wave 7 - 2014/15) using Logistic regression.

# Descriptive results

## The scale of the challenge in ELSA

N (overall sample aged 50+)=11,357

N (dementia)= 698 (6%)

Mean time in study 8 years



Follow-up 12 years to 2002-2014

## Dementia

### By sex

310 males

388 females

### By educ

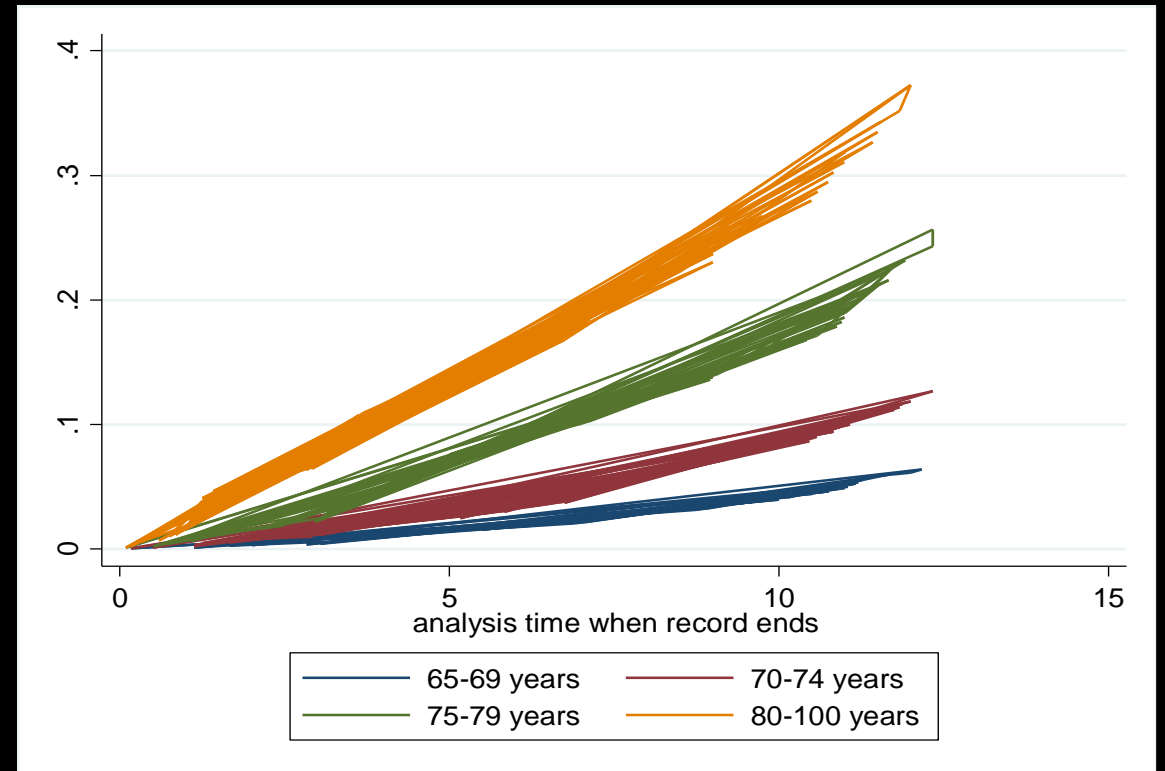
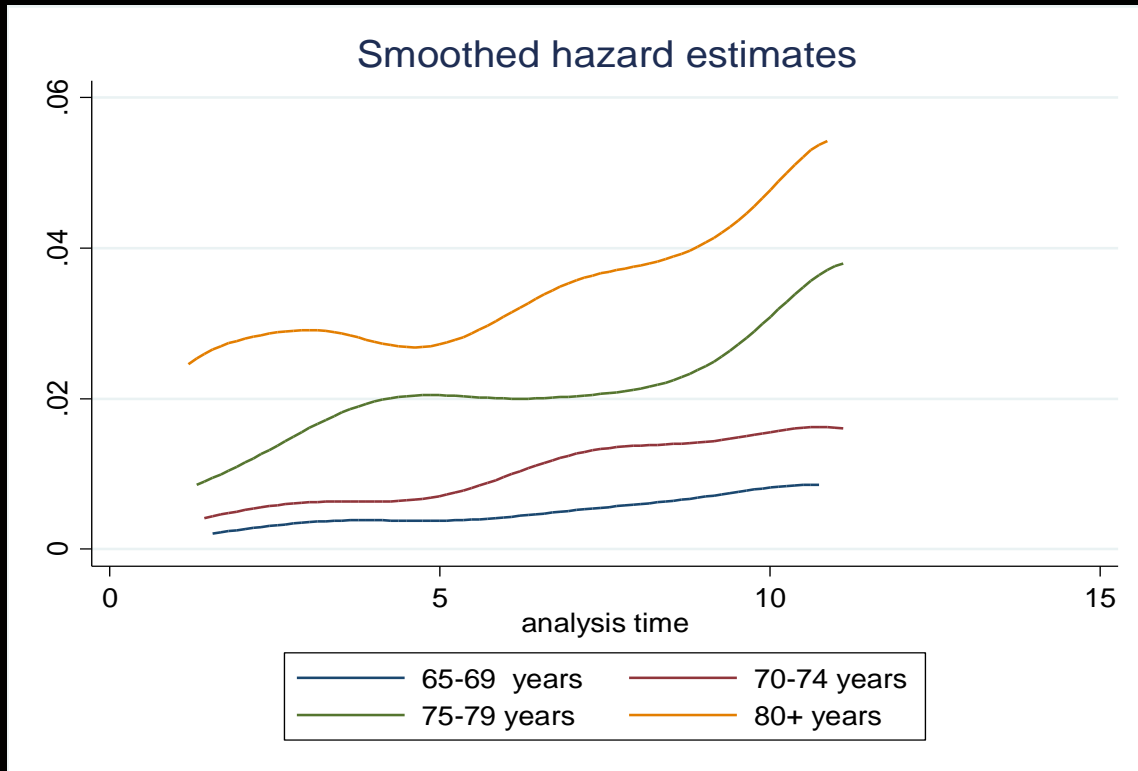
CSL: 409

A level: 181

College: 108



# Dementia incidence rates ELSA



Cumulative dementia incidence rates by age-groups in the overall ELSA

# Dementia risk by SES indicators in ELSA- men

Indicator		Model 1 Age adjusted		Model 2 Fully adjusted	
		OR	95% CI	OR	95% CI
<b>Education</b>	No qualification	1	-	1	-
	A levels	0.81	0.61-1.07	0.88	0.65-1.19
	College/ degree	0.58	0.41-0.82	0.62	0.41-0.95
<b>Occupation</b>	Semi-routine	1	-	1	-
	Intermediate	0.87	0.63-1.21	0.86	0.58-1.27
	Managerial	0.85	0.63-1.13	0.82	0.58-1.16
<b>Wealth (quintile)</b>	Lowest	1	-	1	-
	2	0.97	0.68-1.40	1.04	0.70-1.51
	3	0.84	0.58-1.21	0.93	0.62-1.38
	4	0.66	0.45-0.97	0.78	0.50-1.21
	Highest	0.70	0.48-1.09	0.80	0.51-1.27

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	Highest	0.70	0.48-1.09	0.80	0.51-1.27



# Dementia risk by SES indicators in ELSA- women

Indicator		Model 1 Age adjusted		Model 2 Fully adjusted	
		OR	95% CI	OR	95% CI
<b>Education</b>	No qualification	1	-	1	-
	A levels	0.86	0.66-1.12	0.87	0.65-1.17
	College/ degree	1.17	0.86-1.61	1.42	0.93-2.16
<b>Occupation</b>	Semi-routine	1	-	1	-
	Intermediate	0.87	0.63-1.21	1.02	0.69-1.49
	Managerial	0.84	0.63-1.13	0.95	0.65-1.38
<b>Wealth (quintile)</b>	Lowest	1	-	1	-
	2	1.14	0.83-1.54	1.14	0.83-1.57
	3	0.94	0.67-1.30	0.96	0.67-1.35
	4	1.06	0.76-1.48	1.02	0.71-1.47
	Highest	0.77	0.53-1.13	0.73	0.48-1.10

## Conclusions

- In a nationally representative sample, the prevalence of dementia was slightly higher in women compared to men.
- We observed that dementia risk appeared to be patterned by individual-level characteristics such as education levels in men. Having a higher education seem to be protective against dementia, independent of other SES indicators such as occupation and wealth, and health conditions.

## Strengths and limitations

- + Detailed assessment of SES indicators across various stages of life (young adulthood, adulthood and later life)
- + Temporal relationship between exposure and outcome
- Dementia ascertainment (a challenging process)
- Due to relative small sample of diagnosed dementia cases we did not explore the typology of dementia (e.g. Alzheimer, vascular, mixed)
- 99% of ELSA are white British, so no ethnic variation

## Conclusions

- This could be a specific cohort effect considering that this English population was born and educated in the period surrounding the Second World War in Britain (with restricted access to education for women)
- This work highlights the importance of education to later health and the relevant impact of the health inequalities.

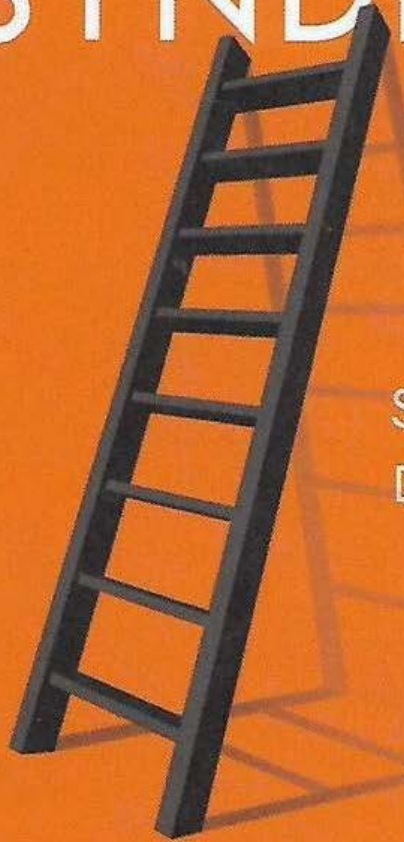


**Public health is not about swim lanes...**



MICHAEL MARMOT

# STATUS SYNDROME

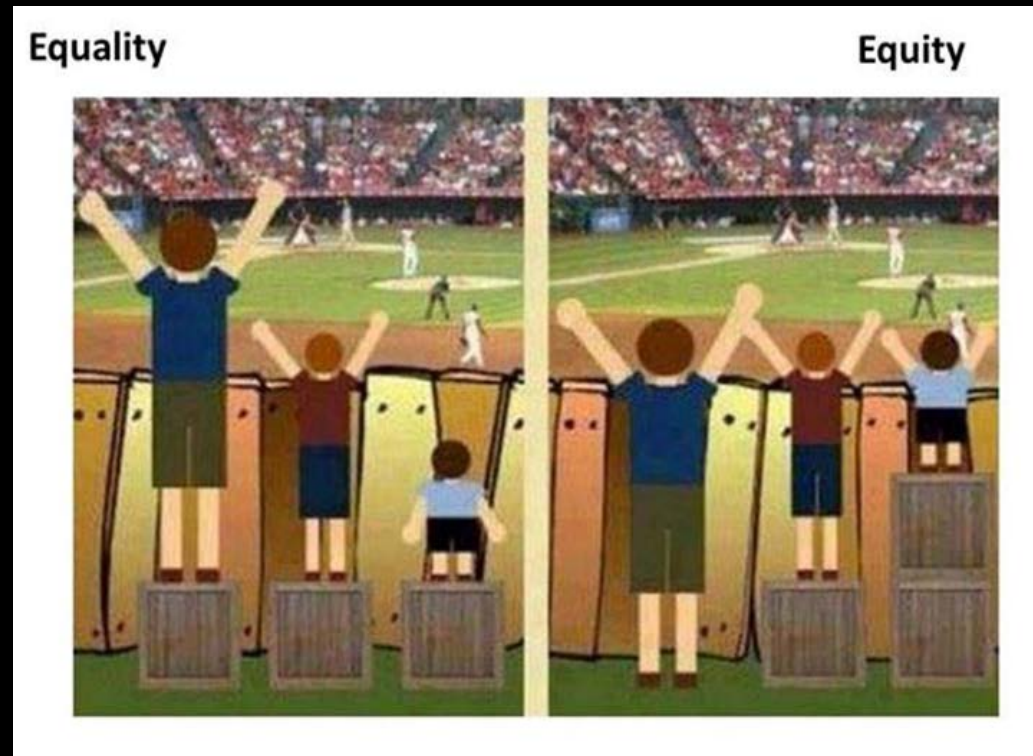


HOW YOUR PLACE ON THE SOCIAL GRADIENT DIRECTLY AFFECTS YOUR HEALTH

'Bubbling with findings, discreetly illuminated by the light of social justice ... *Status Syndrome* is packed with ideas that should have been coursing through public debate for years' *Independent*

*"Public health is what we, as a society, do collectively to assure the conditions in which (all) people can be healthy."*

-Institute of Medicine (1988), *Future of Public Health*



Acknowledgments:

**NIA Dementia Grant  
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UCL**

**David Llewellyn  
University of Exeter**

**Carole Brayne  
University of Cambridge**



**David Weir  
University of Michigan**

**Ken Langa  
University of Michigan**

**Ian Deary  
University of Edinburgh**





National Institute on Aging

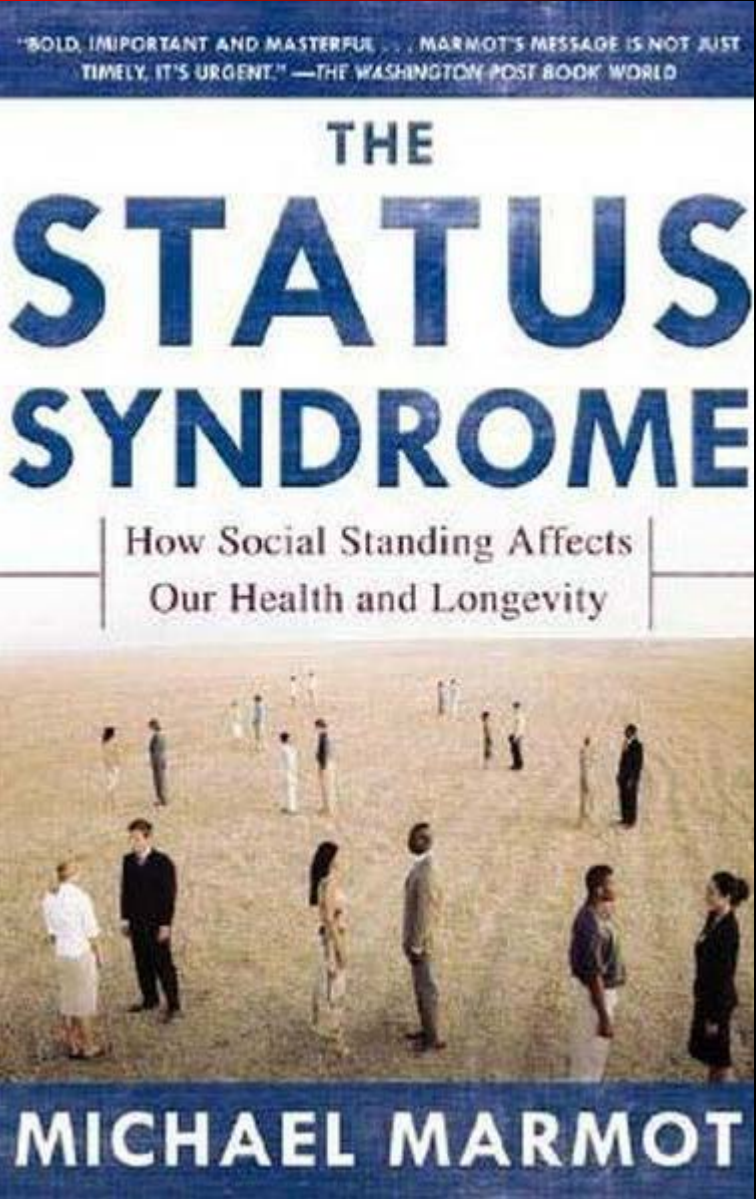
Turning Discovery Into Health



Thank you!  
[d.cadar@ucl.ac.uk](mailto:d.cadar@ucl.ac.uk)

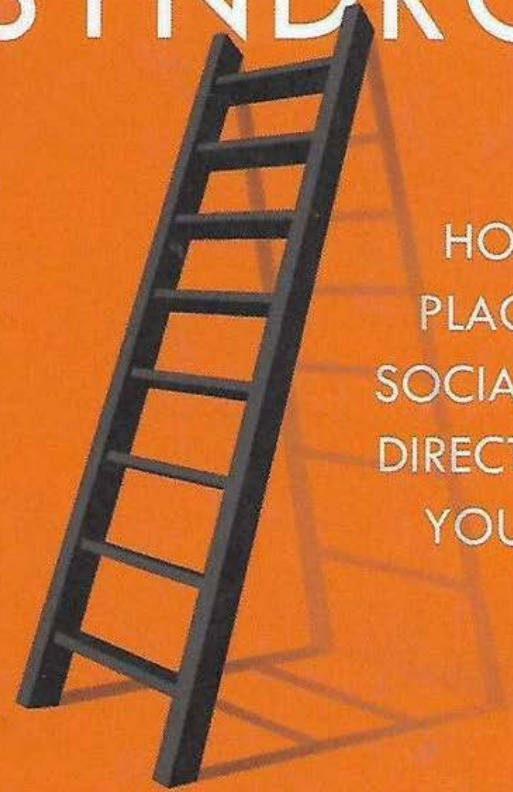






MICHAEL MARMOT

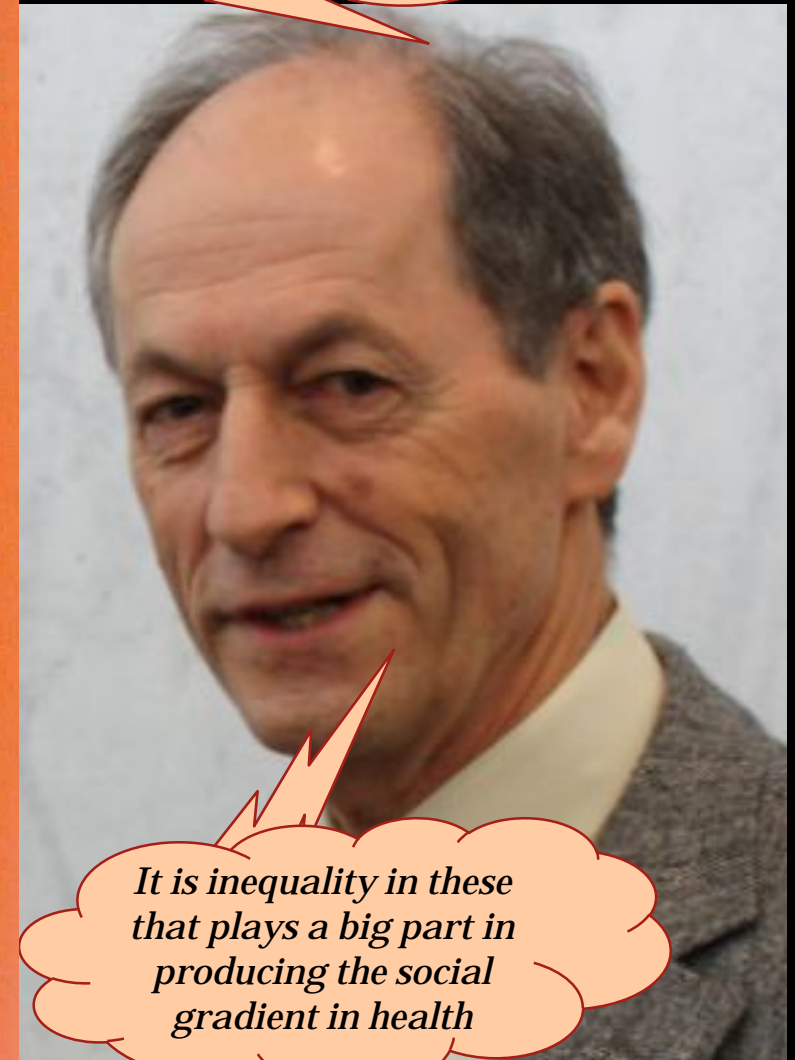
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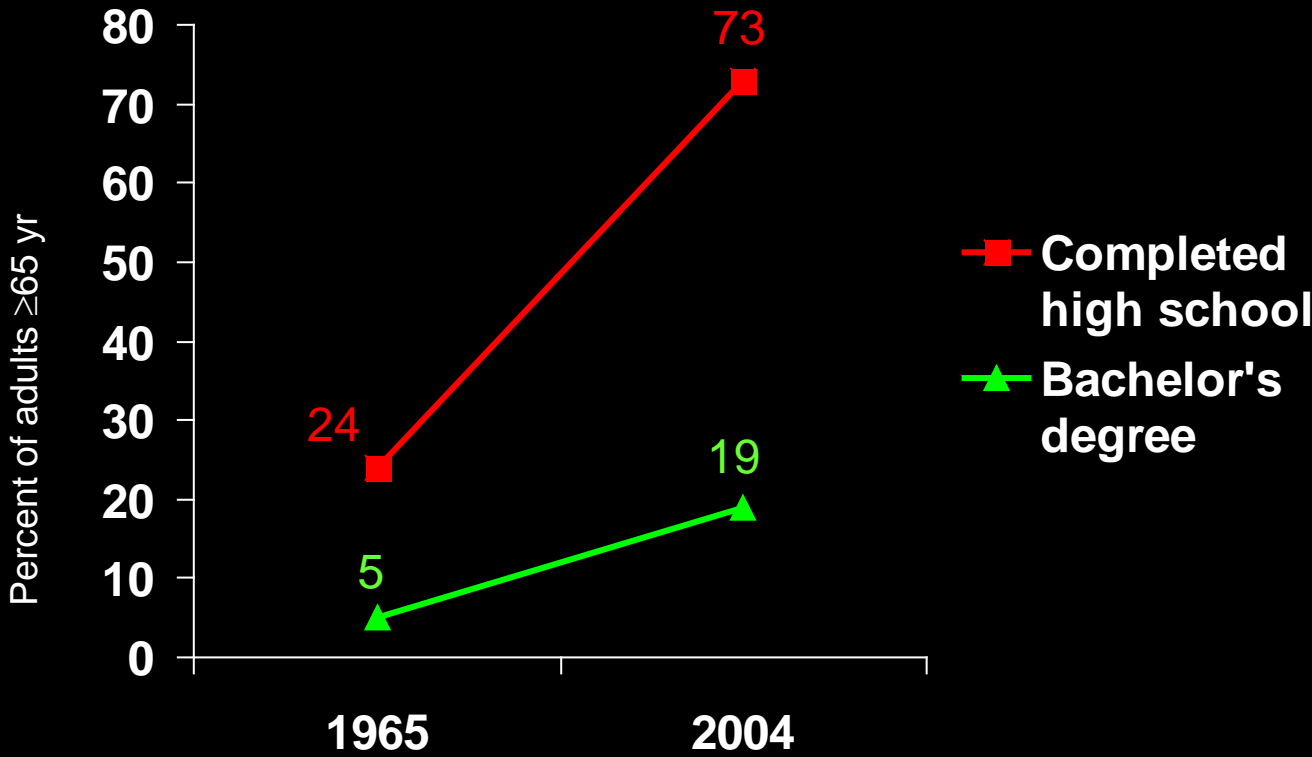
'Bubbling with findings, discreetly illuminated by the light of social justice ... *Status Syndrome* is packed with ideas that should have been coursing through public debate for years' *Independent*

*How much control you have over life—the opportunities for social engagement and participation are crucial for health, well-being, and longevity.*



*It is inequality in these that plays a big part in producing the social gradient in health*

# EDUCATION & LITERACY (1 OF 2)



# EMPLOYMENT

- Employment of older adults declined throughout most of the past century, but this trend reversed during the last 20 yr
- Growth in the number of older adults who are employed is expected to continue
- In 2005, an estimated 5.3 million older adults were working or actively seeking work
  - About 1 in 5 older men
  - About 1 in 10 older women



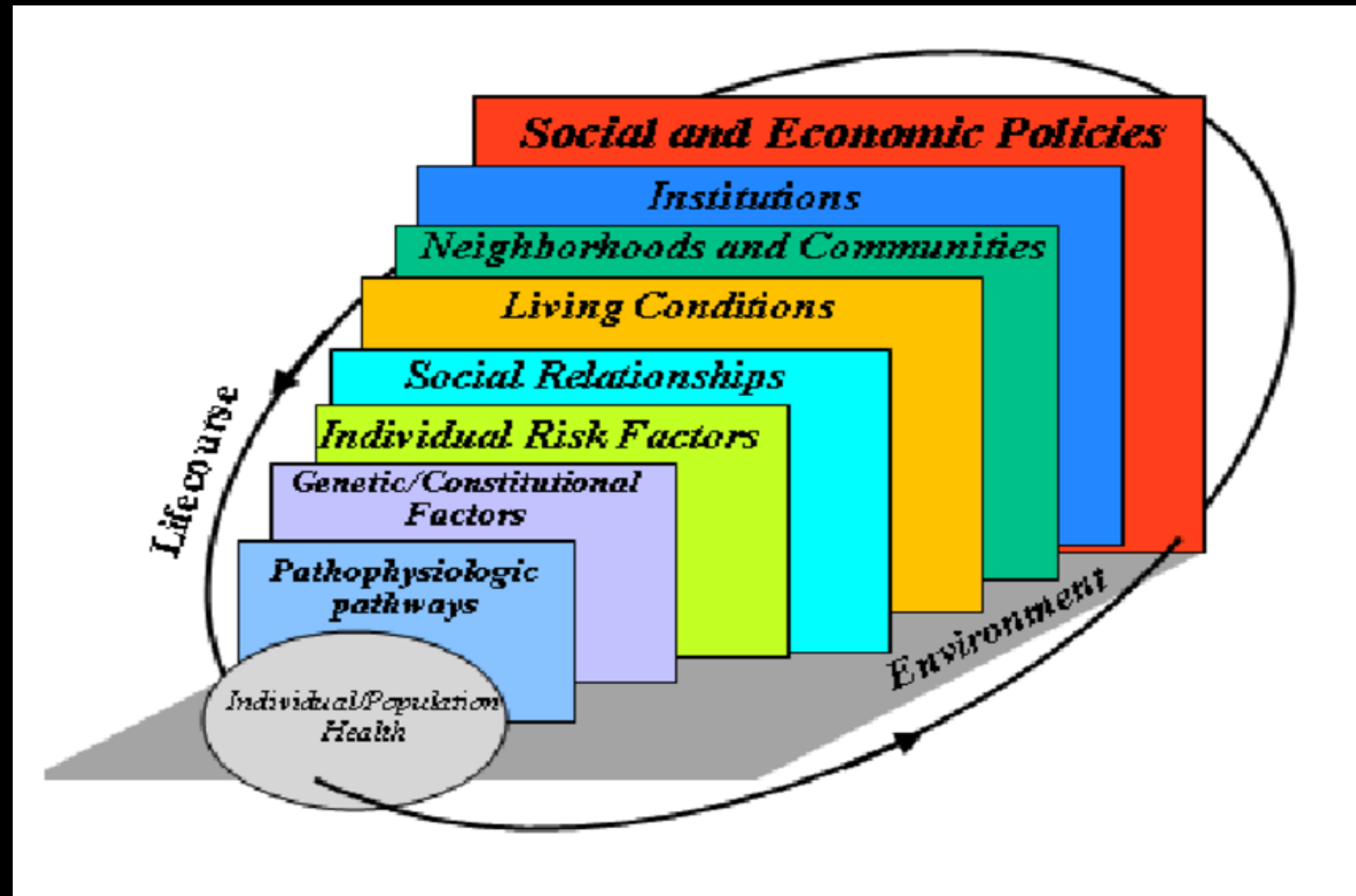
## EDUCATION & LITERACY (2 OF 2)

- Despite gains in education level, older adults still rank below working-age adults:
  - Far lower education and literacy levels
  - Half as likely to have a personal computer and use the Internet
  - Lower average levels of health literacy



# Lifecourse influences

Factors contributing to health and health inequalities are seen from both an upstream and downstream perspective, in a multilevel structure.



# Retirement and Health

Evidence from England

Liam Rose, UC Santa Cruz  
UCL CLOSER Inequalities Conference, November 2017

# Why Study Retirement and Health

- Life expectancy has gone up dramatically, and health conditional on age has improved
- Public social security schemes that guide the retirement age have been slow to adjust
  - Budget shortfalls push governments into action
- Ambiguity in the Literature
  - Tendency to focus on one set of outcomes

## Two Main Questions

- Does leaving the labour force have an effect on an individual's health?
- If so, what is the pathway?
  - Health-related behaviors (e.g. Eibach 2015)
  - Health care utilization (e.g. Gorry et al 2016, Insler 2014)
  - Effect of additional income
  - Changes in environment (Time use, physical and mental exertion)



## Behavioural & Cognitive Outcomes

### Positive

Charles (2004), Gorry et al (2016), Midanik et al. (1995)

### Negative

Bonsang et al (2015), Rohwedder and Willis (2010), Bosse et al. (1987)

### Null

Coe and Zamarro (2011)

## Health Outcomes

### Positive

Coe and Zamarro (2011), Gorry et al (2016), Johnston and Lee (2009), Halberg et al (2015)

### Negative

Dave et al (2008)

### Null

Bound and Waidmann (2007), Neuman (2008)

## Mortality

### Positive

Bloeman et al (2015), Halberg et al (2015)

### Negative

Fitzpatrick and Moore (2016), Kuhn et al (2010)

### Null

Bound and Waidmann (2007), Hernaes et al (2013)

# Approaches

## RD in Age

Familiar regression discontinuity approach around age of retirement (In UK, 65 for men and 60 for women).

Use refined age where available.

## Fixed Effects - IV

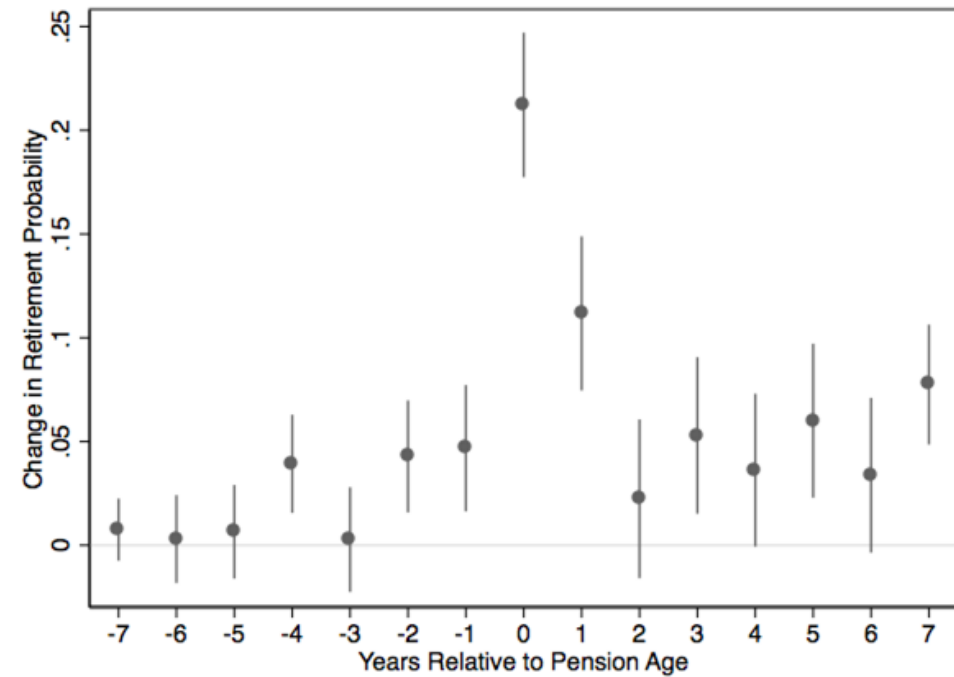
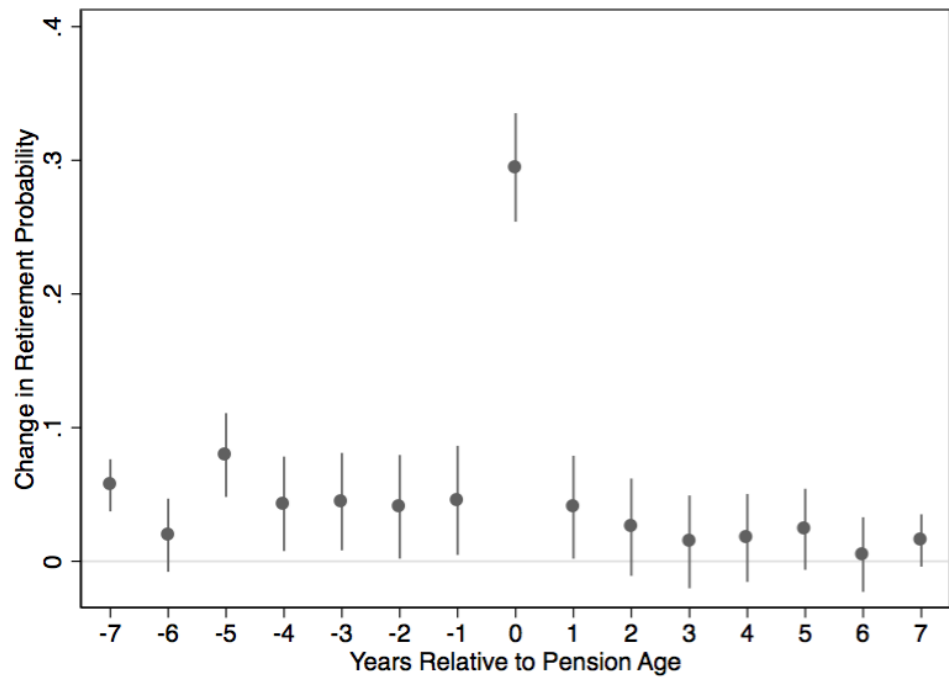
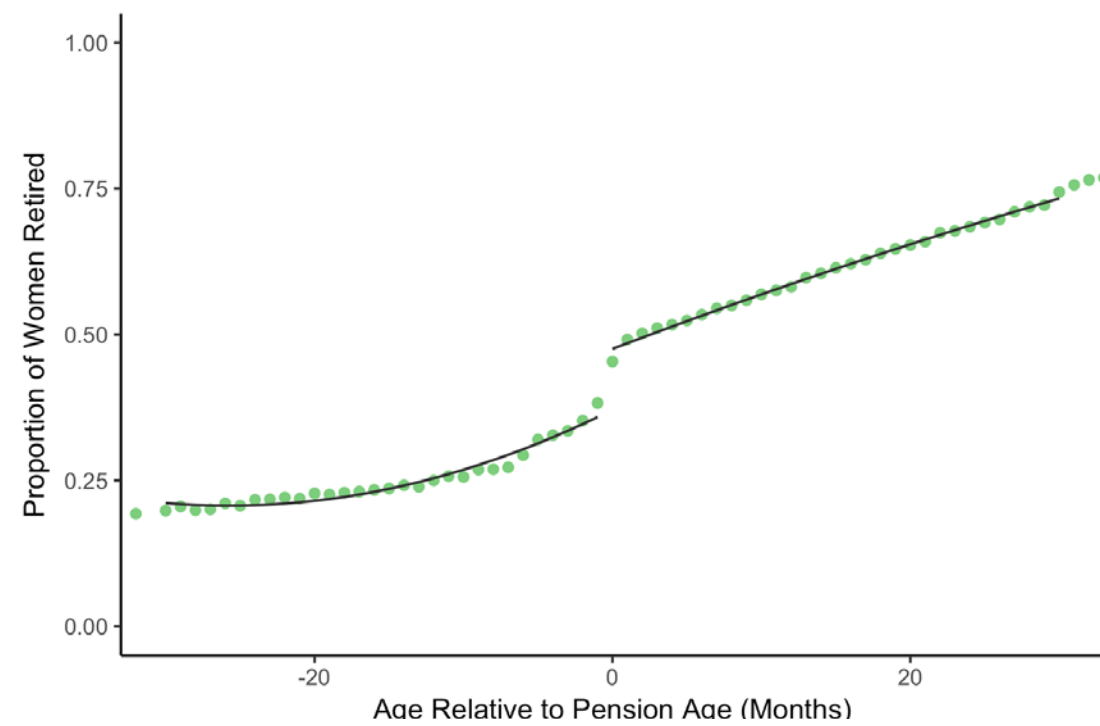
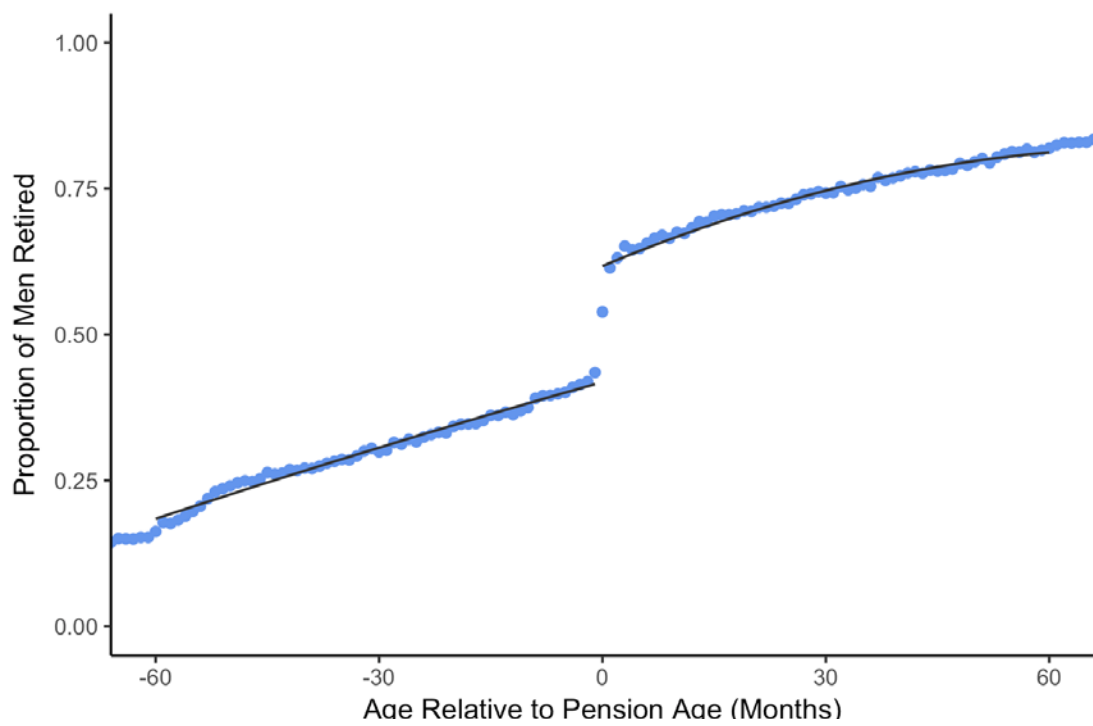
Instrument for the age(s) of retirement, using social security eligibility or similar instrument.

$$R_{it} = \beta_0 + \beta_1 Z_{it} + u_i + \eta_t + \epsilon_{it}$$

$$H_{it} = \beta_0 + \beta_1 \hat{R}_{it} + v_i + \eta_t + \epsilon_{it}$$

# Data Sources

- British Household Panel Survey (BHPS) [n=393,346 i=31,411]
- Health Survey for England (HSE) [n=149,305]
- English Longitudinal Study of Aging (ELSA) [n=99,480 i=16,569]
- General Household Survey
- Census of England and Wales
- Vital Statistics





Proportion of men reporting “bad” or “very bad” health from the 2001 Census (left) and 2011 Census (right). FE-IV estimates from BHPS listed in table.

Bad

-0.0933\*\*\*

Long-Term  
Illness

-0.0958\*\*\*

(0.0283)

(0.0327)



# Health Outcomes and Utilization

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	Memory Score	Verbal Score	Limit Daily Activities	Any Health Problem	Any Health Prob	Pulse	Hospital	GP
	(1)	(2)	(3)	(4)	(5)	(6)	(1)	(2)
State								
Pension Age	0.112	0.252	-0.0847	-0.0949	0.005	-1.881***	0.037	-0.020
	(0.514)	(0.0808)	(0.0879)	(0.0705)	(0.022)	(0.478)	(0.026)	(0.058)

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- Find no evidence of significant changes to:
  - Cognition
  - Mental health measures
  - Health care utilization

# Behavioral Outcomes

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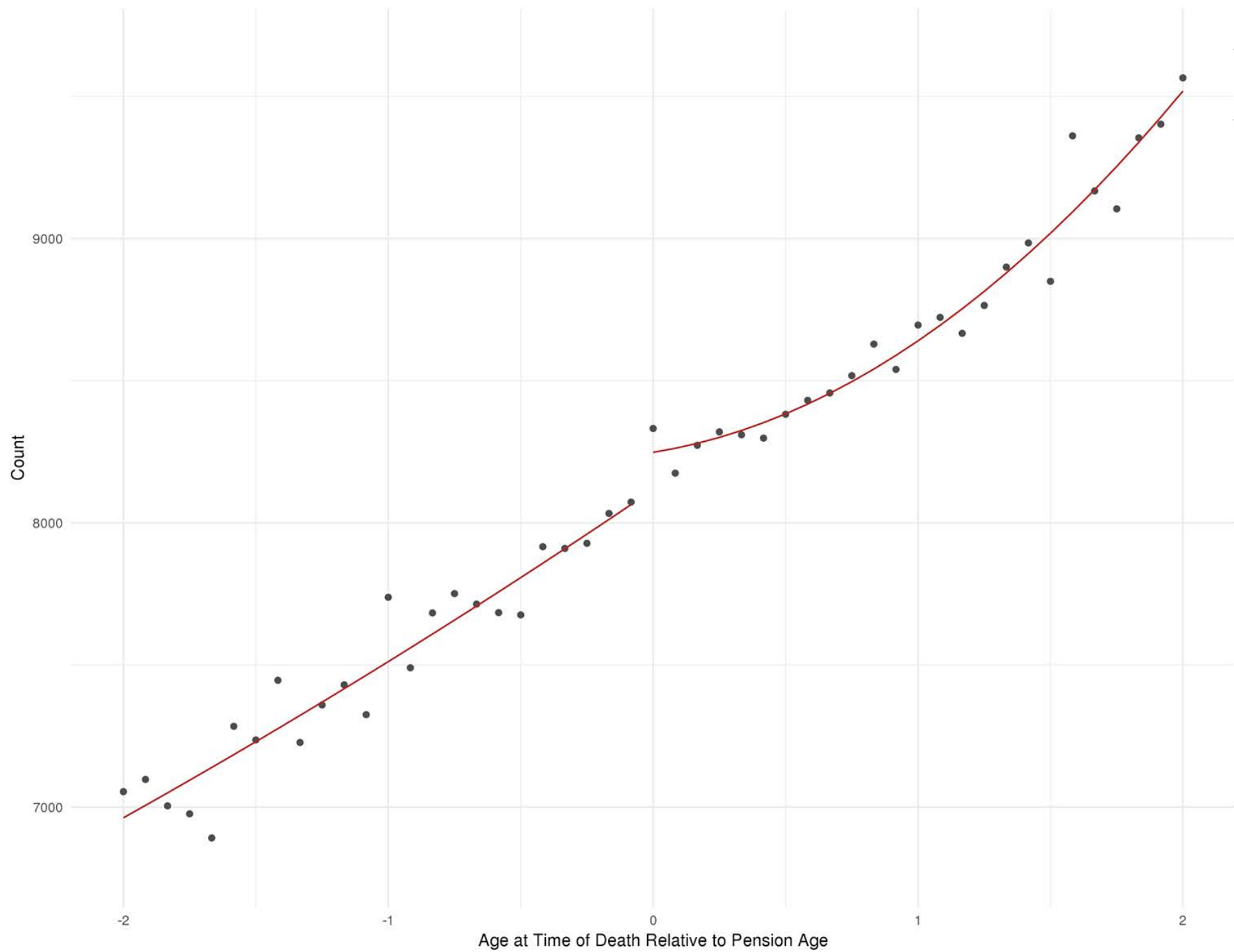
	# of Drinking Days/Week	Cigarette Intensity	See Friends and Family Weekly	Eat Out Frequently	Any Health Prob	Life Satisfaction	Sleep	Leisure
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
State								
Pension Age	-0.072	-0.003	-0.111***	0.149***	0.005	0.141**	9.924***	16.451***
	(0.095)	(0.039)	(0.017)	(0.049)	(0.022)	(0.065)	(2.748)	(4.014)

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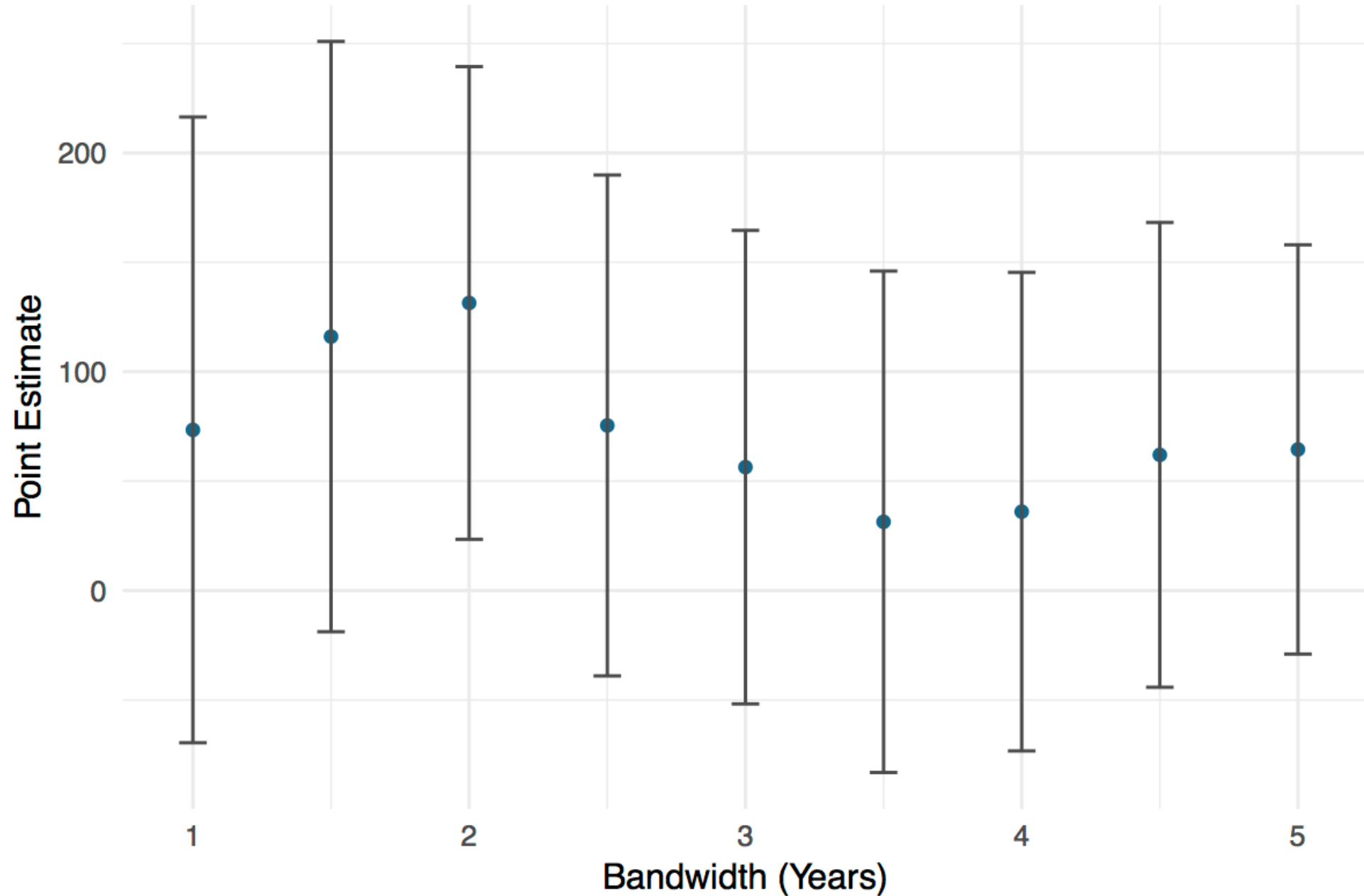
- Find no evidence of significant changes to:
  - Drinking, smoking, and exercising
- Evidence that men have higher life satisfaction, sleep more, and spend more time on non-social leisure

# Mortality

All Causes,  
Men



Source:  
England Vital  
Statistics,  
1990-2011.



# Conclusion

- People report feeling healthier upon retirement, but little evidence of changes in key health outcomes
  - No effect on utilization and mortality
- Results may be driven by environment
  - Show lower pulse rates, improved life satisfaction, and more leisure and sleep
    - Fits into neuroscience literature on stress and health





# Job Loss and Aging in the Philippines

Mae Abigail C. Oberos  
International Institute of Social Studies  
2017 CLOSER Conference  
British Library, London UK  
November 1-2, 2017



A person is shown from the side, focused on operating a traditional wooden loom. The loom is filled with threads, and the person's hands are visible as they work. The background is dark, highlighting the intricate details of the weaving process.

**OUTLINE**

**BACKGROUND**

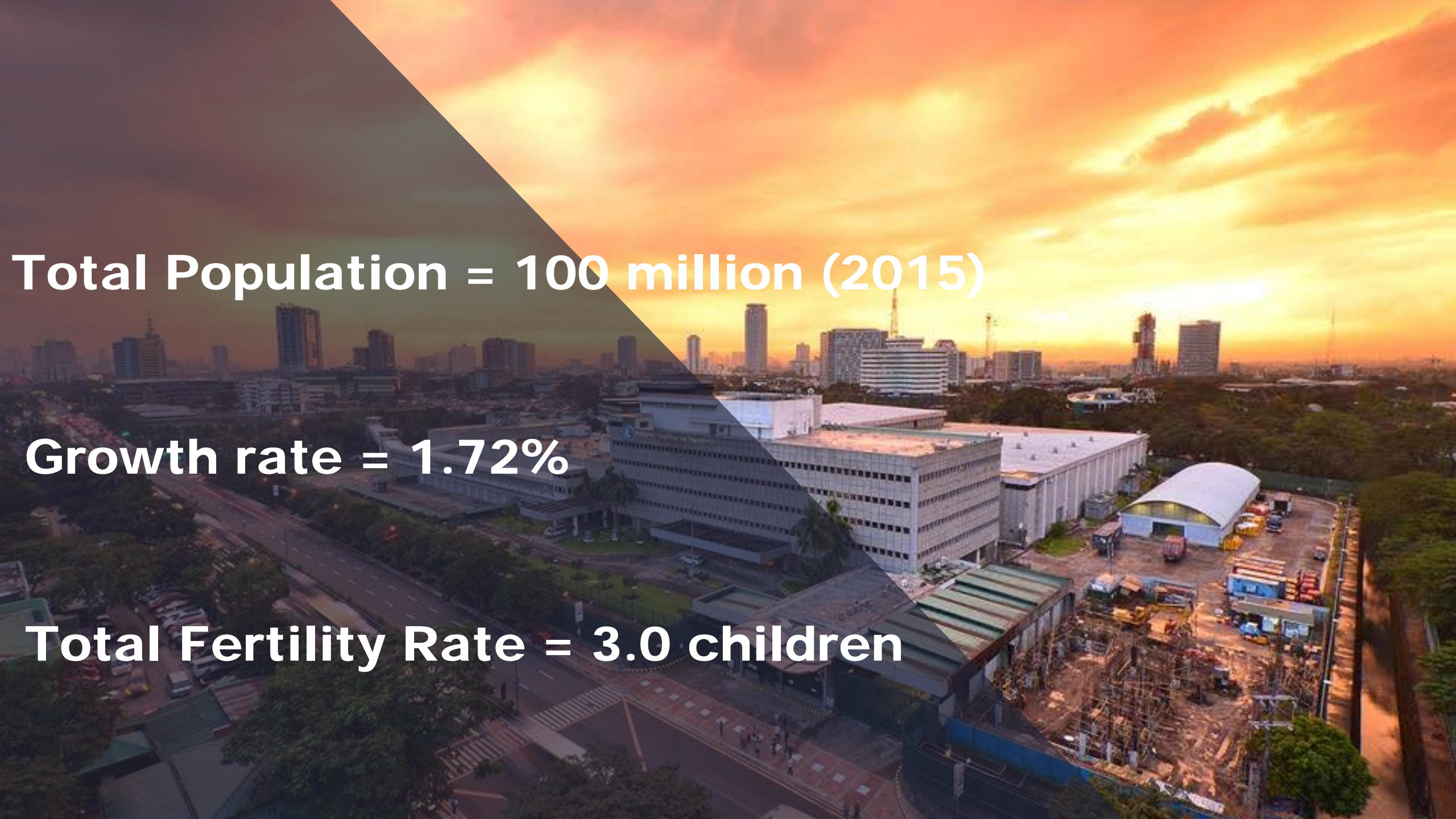
**OBJECTIVES**

**DATA**

**METHODOLOGY**

**RESULTS**






Total Population = 100 million (2015)

Growth rate = 1.72%

Total Fertility Rate = 3.0 children



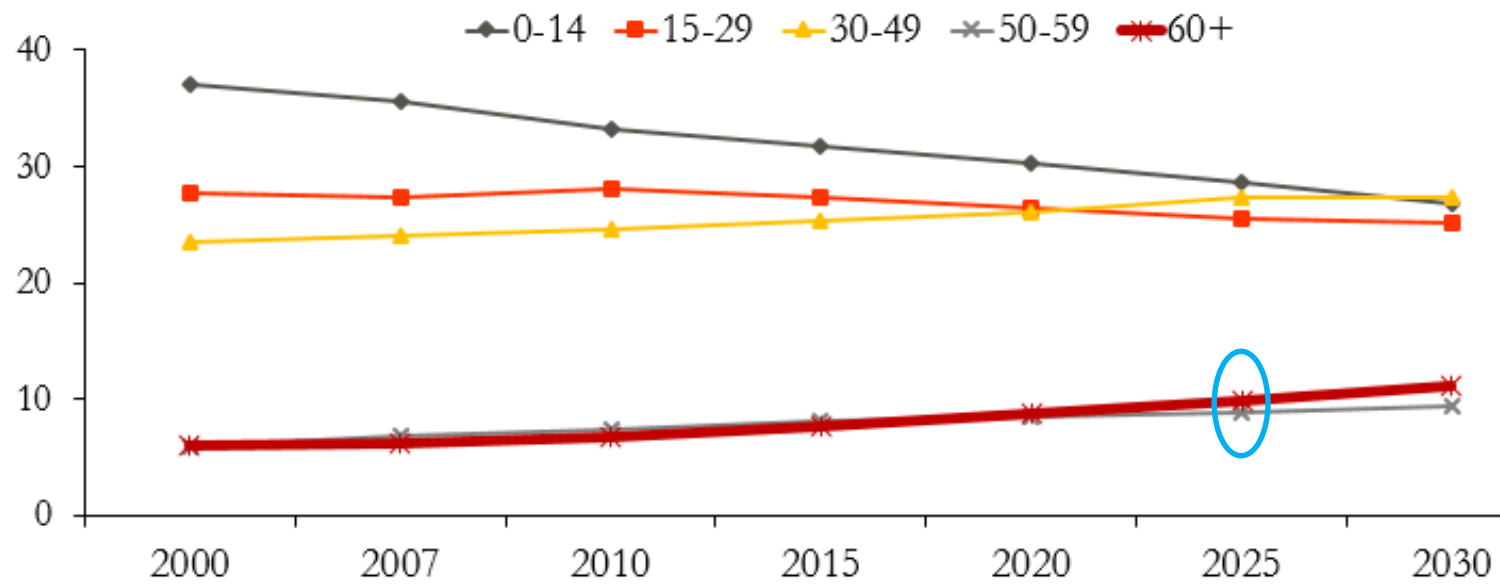


**60 year old and  
over  
1960 – 1.17M  
2015 – 7.5M**

Philippines Census




# Distribution of the population by age group



51 Source: Cruz and Camhol, 2014



A photograph of a cornfield at sunset. The sky is filled with orange and yellow clouds, and the sun is low on the horizon. The corn plants are in the foreground, and a line of trees is visible in the background. A dark diagonal overlay covers the left side of the image, containing text.

*“In the absence of formal pension coverage, the majority of persons in developing countries face considerable income insecurity during old age. For the unprotected—often small farmers, rural labourers and informal sector workers—the notion of retirement does not exist” –*  
**United Nations 2007**





JOB LOSS is  
INEVITABLE

And for OLDER  
PEOPLE, its even  
HARDER to FIND  
A JOB compared  
to its YOUNGER  
counterparts

E.I. ZACARIAS | 2014

# RESEARCH AIMS

To what extent does a prior job loss affect an older persons' employment probability?

➤ effect of a prior job loss to ones' employment probability

➤ effect of a prior job loss among older age groups

➤ demographic, housing characteristics and other factors mediating the job loss effect

➤ gender differences



A large crowd of people is gathered in a city street at night. The street is filled with people, and the scene is illuminated by streetlights and building lights. The crowd is dense, and the atmosphere appears to be one of a significant event or protest. The background shows city buildings and a tall tower structure.

## DATA

2007 – 2008 Labor  
Force Survey – 45,000  
households



# METHODOLOGY

RANDOM AND FIXED  
EFFECTS REGRESSION  
MODELS

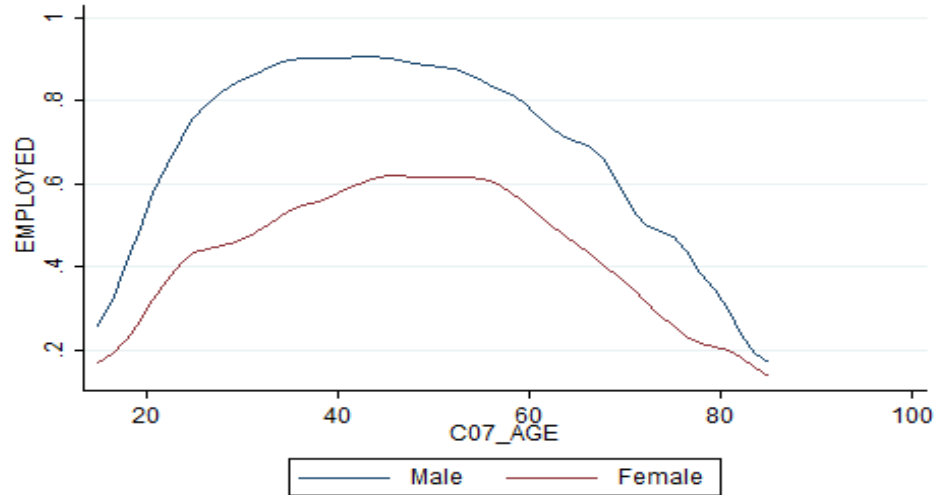
○  
DEPENDENT:  
Employment  
Likelihood

○  
INDEPENDENT:  
Job Loss  
Demographics  
HH characteristics  
Labor Market  
Conditions

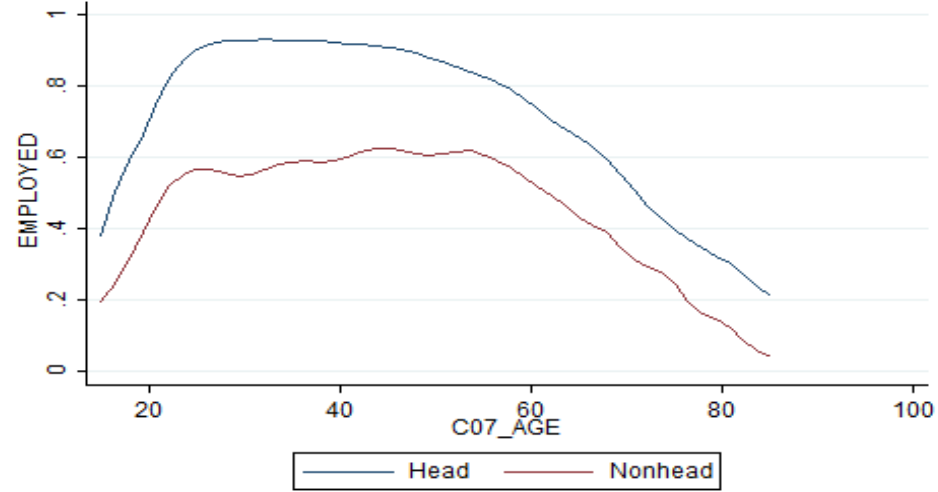
○  
INDEPENDENT:  
Older Age Groups  
Job loss x Older  
Age Groups

# EMPLOYMENT PATTERNS

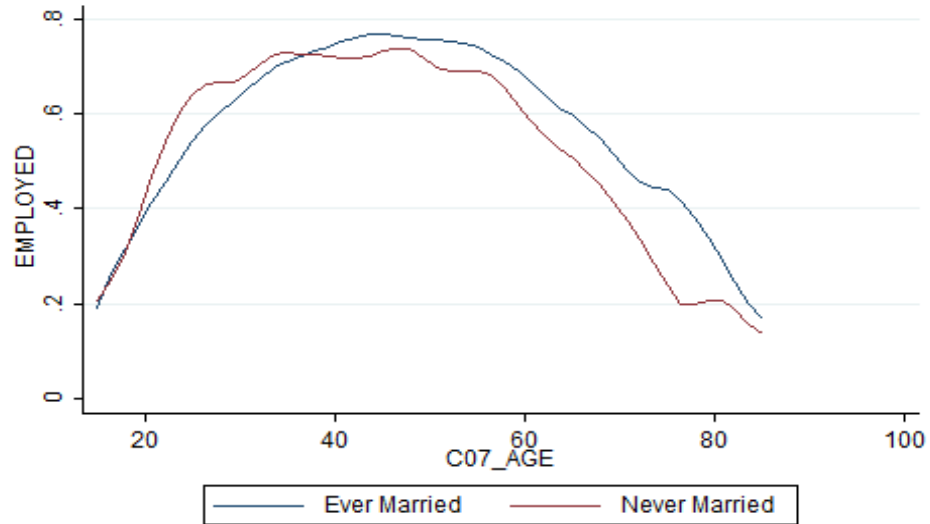
### Employment by Gender at Advancing Age



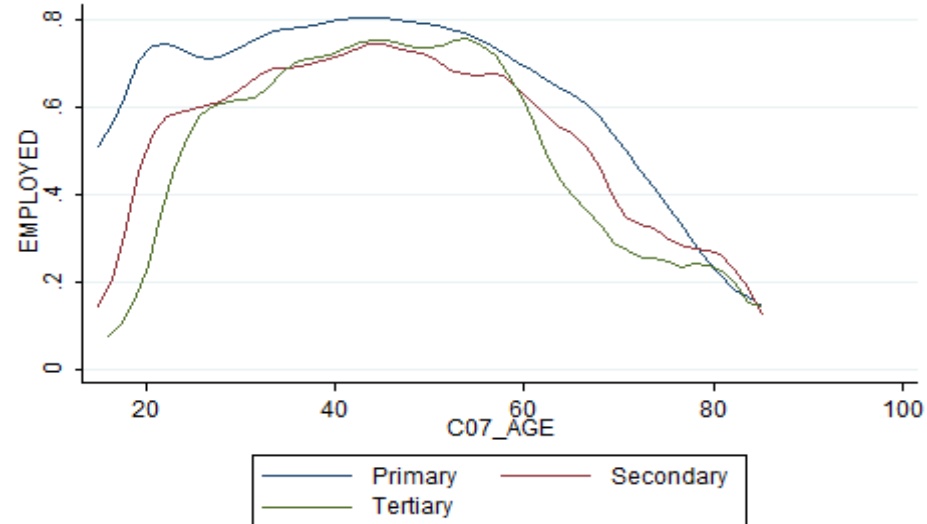
### Employment by Household Role at Advancing Age



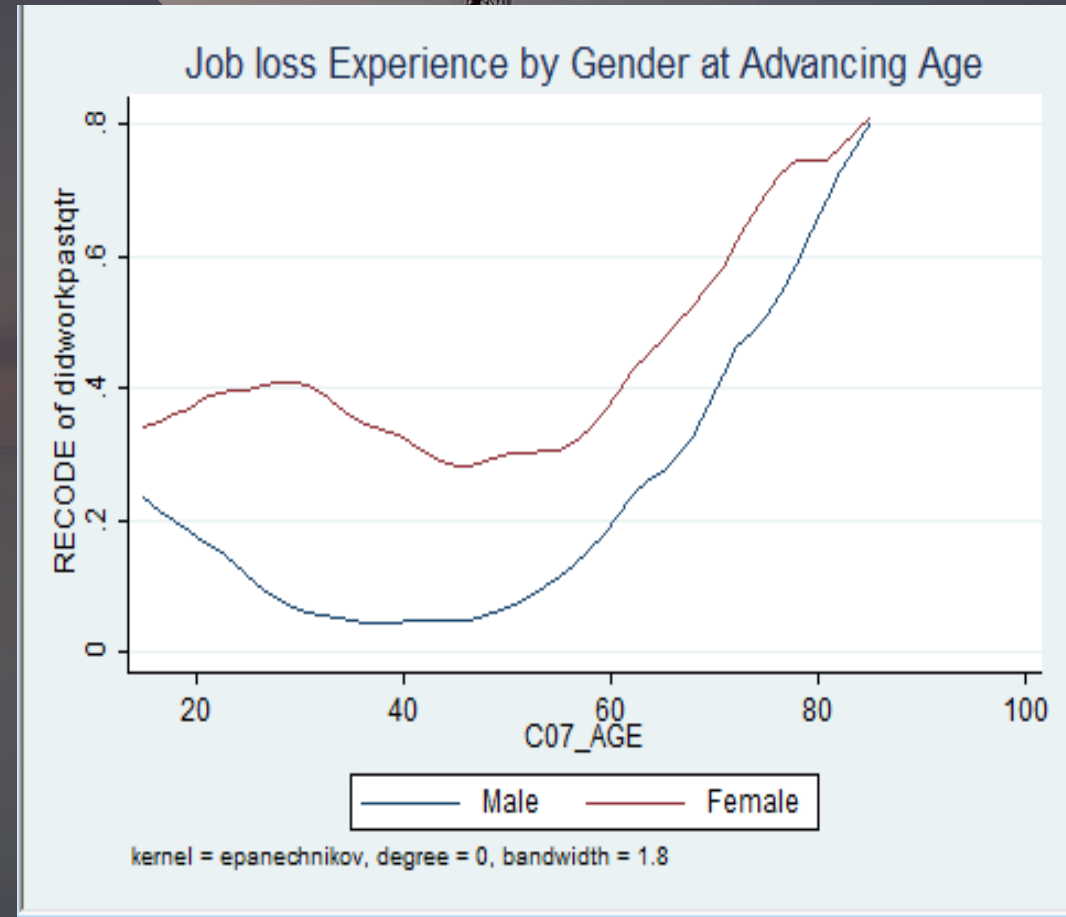
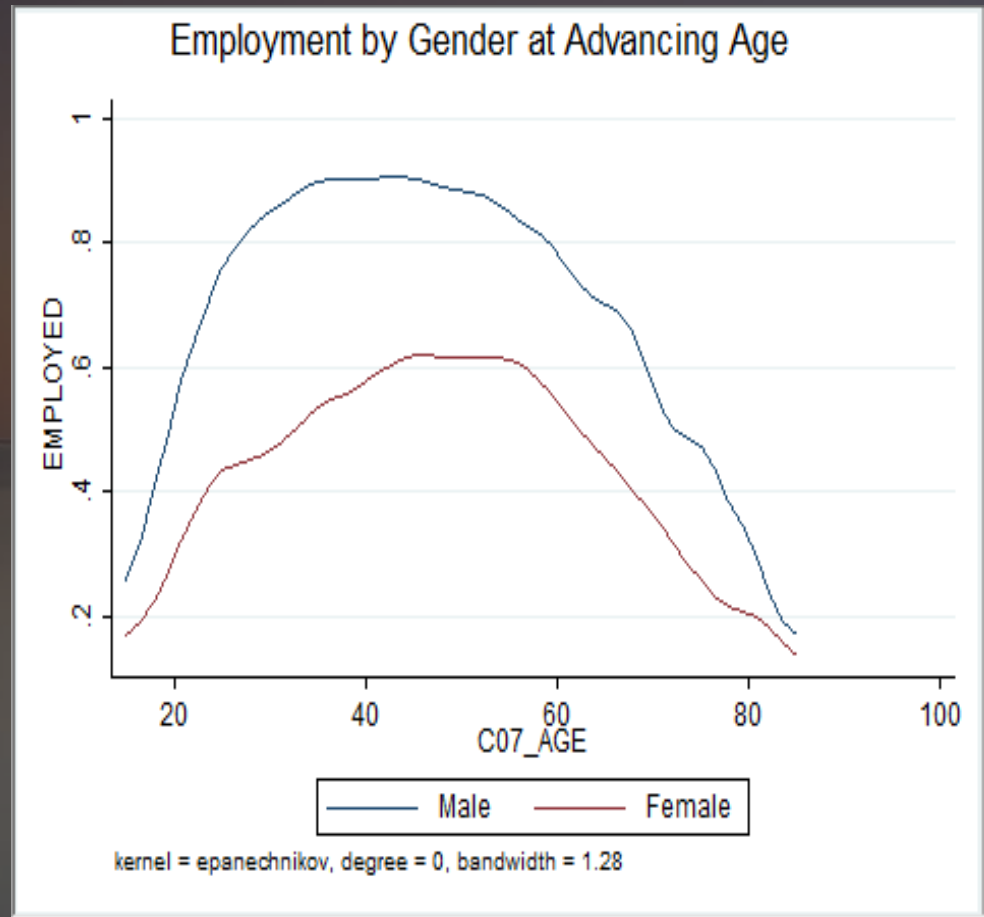
### Employment by Marital Status at Advancing Age



### Employment by Education Attainment at Advancing Age

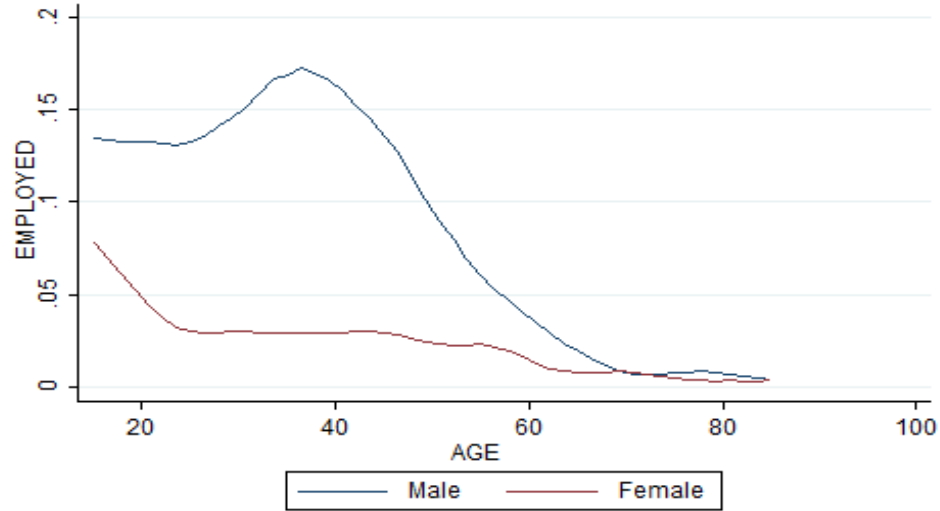


# EMPLOYMENT PATTERNS

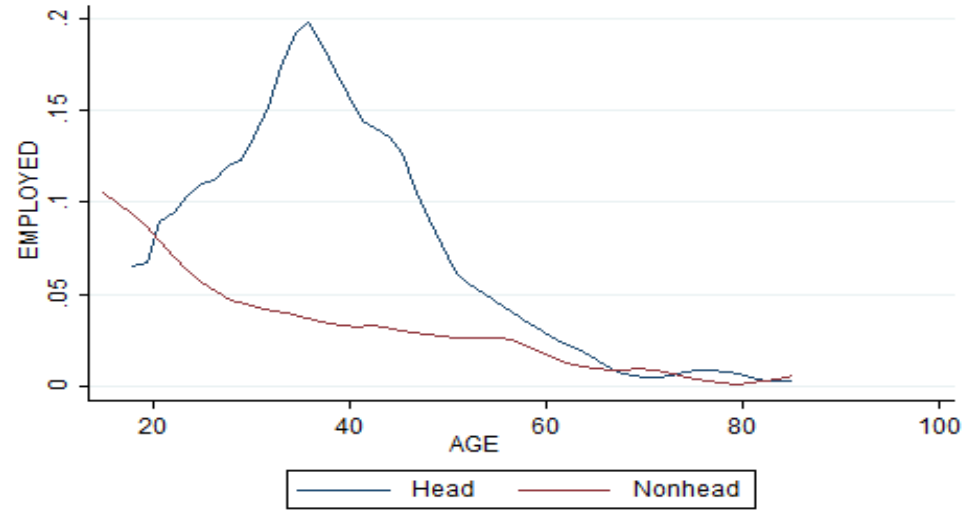


# AFTER A JOB LOSS

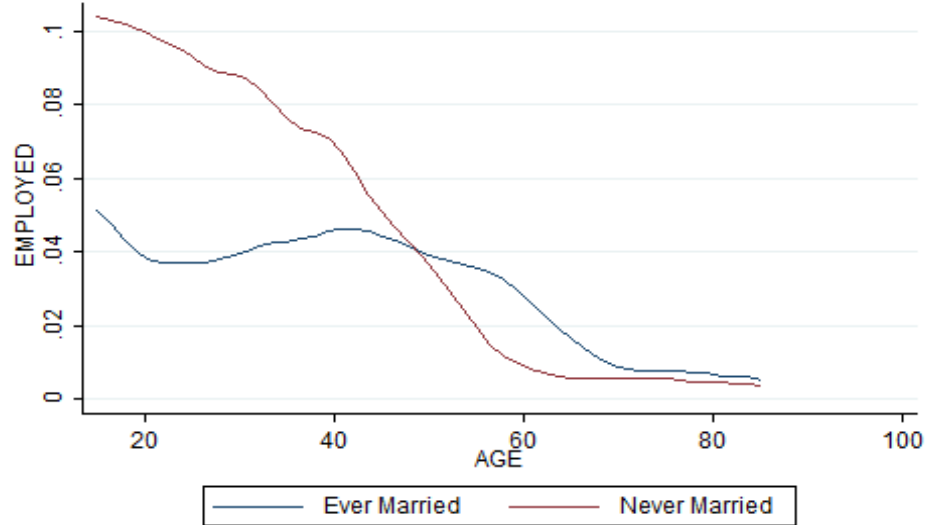
### Employment after a Job loss by Gender at Advancing Age



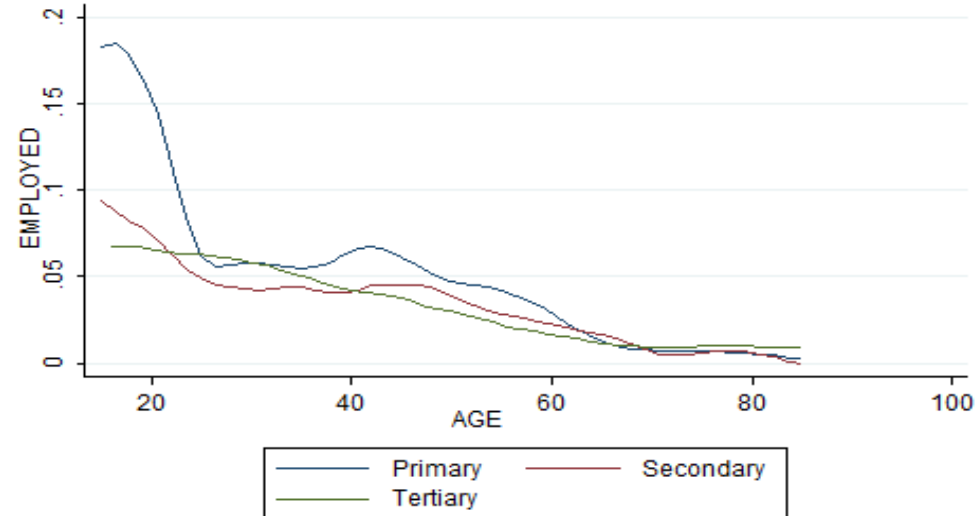
### Employment by Household Role at Advancing Age



### Employment by Marital Status at Advancing Age



### Employment by Education Attainment at Advancing Age





# RESULTS

Explanatory Variables	FE 1	FE 2	FE 3 (Male=1)	FE 4 (Male=0)
Had prior Job loss	-0.61 (0.003)**	-0.58 (0.004)**	-0.52 (0.007)**	-0.61 (0.007)**
<i>Demographic Characteristics</i>				
Male	Omitted	Omitted	Omitted	Omitted
Age	0.004 (0.000)**	-	-	-
Age Squared	-0.000 (0.000)**	-	-	-
Household Head	Omitted	Omitted	Omitted	Omitted
Ever Married	-0.002 (0.007)	0.002 (0.007)	.018 (0.008)**	-.028 (0.011)**
<i>Base: No education</i>				
Had at least primary education	-0.004 (0.014)	-0.004 (0.014)	-.016 (.019)	.013 (.021)
Had at least secondary education	-0.006 (0.015)	-0.006 (0.015)	-.017 (.019)	.008 (.023)
Had at least tertiary education	0.003 (0.016)	0.003 (0.016)	-.013 (.021)	.022 (.024)

# RESULTS

Explanatory Variables	FE 1	FE 2	FE 3 (Male=1)	FE 4 (Male=0)
<b>Household Characteristics</b>				
Household Size	Omitted	Omitted	Omitted	Omitted
Total no. of employed in the household	0.828 (0.001) **	0.824 (0.001) **	.066 (.001) **	.104 (.002) **
Proportion of Children aged 7yo and below	0.110 (0.015) **	0.110 (0.015) **	.086 (.018) **	.142 (.022) **
<b>Type of Industry and Labor Market Condition</b>				
Base: Agriculture				
Services	-0.279 (0.003) **	-0.277 (0.003) **	-.255 (.004) **	-.303 (.006) **
Industry	-0.028 (0.005) **	-0.025 (0.005) **	.003 (0.006)	-.067 (.010) **
Unemployment Rate	-0.002 (0.000)	-0.002 (0.000)	-0.002 (0.002) **	.001 (.002)

# RESULTS

Explanatory Variables	FE 1	FE 2	FE 3 (Male=1)	FE 4 (Male=0)
<b>Age Groups</b>				
Base: Age 15-39				
Aged 40 – 50		.005 (0.007)	-.000 (0.009)	.007 (.011)
Aged 51 – 60		-.000 (.010)	-.003 (.013)	-.000 (.016) **
Aged 61 – 70		-.013 (.014)	-.014 (.018)	-.012 (.022)
Aged 71 and above		-.045 (.020) **	-.013 (.027)	-.067 (.032) **
<b>Job loss X Age Groups</b>				
Prior Job loss x Aged 40 – 50		-.052 (.007) **	-.057 (.014) **	-.031 (.010) **

# RESULTS

Explanatory Variables	FE 1	FE 2	FE 3 (Male=1)	FE 4 (Male=0)
Prior Job Loss x Aged 51 – 60		-.067 (.008) **	-.108 (.013) **	-.039 (.011) **
Prior Job Loss x Aged 61 – 70		-.075 (.009) **	-.139 (.014) **	-.041 (.013) **
Prior Job Loss x Aged 71 and above		-.034 (.011) **	-.116 (.015) **	.010 (.017)
Constant	.80	.87	.90	.83
No. of observations	77,855	77,855	41,081	37,774
R-squared	74.9	75.	67.0	76.7

*Author's calculation from the sample. Significant at \*\*5% \* 10%, enclosed in parenthesis are standard errors*

# RESULTS

Being a **MALE** or **EVER MARRIED** increases employment probability

**LOWER EDUCATION** gives lower reduction in employment probabilities than higher education





# RESULTS

**Increasing household size  
decreases likelihood of  
employment**

**Increasing proportion of  
children 7 y.o and below  
decreases likelihood of  
employment**



# RESULTS

Increasing unemployment rate decreases likelihood of employment

Job loss effects magnifies with age

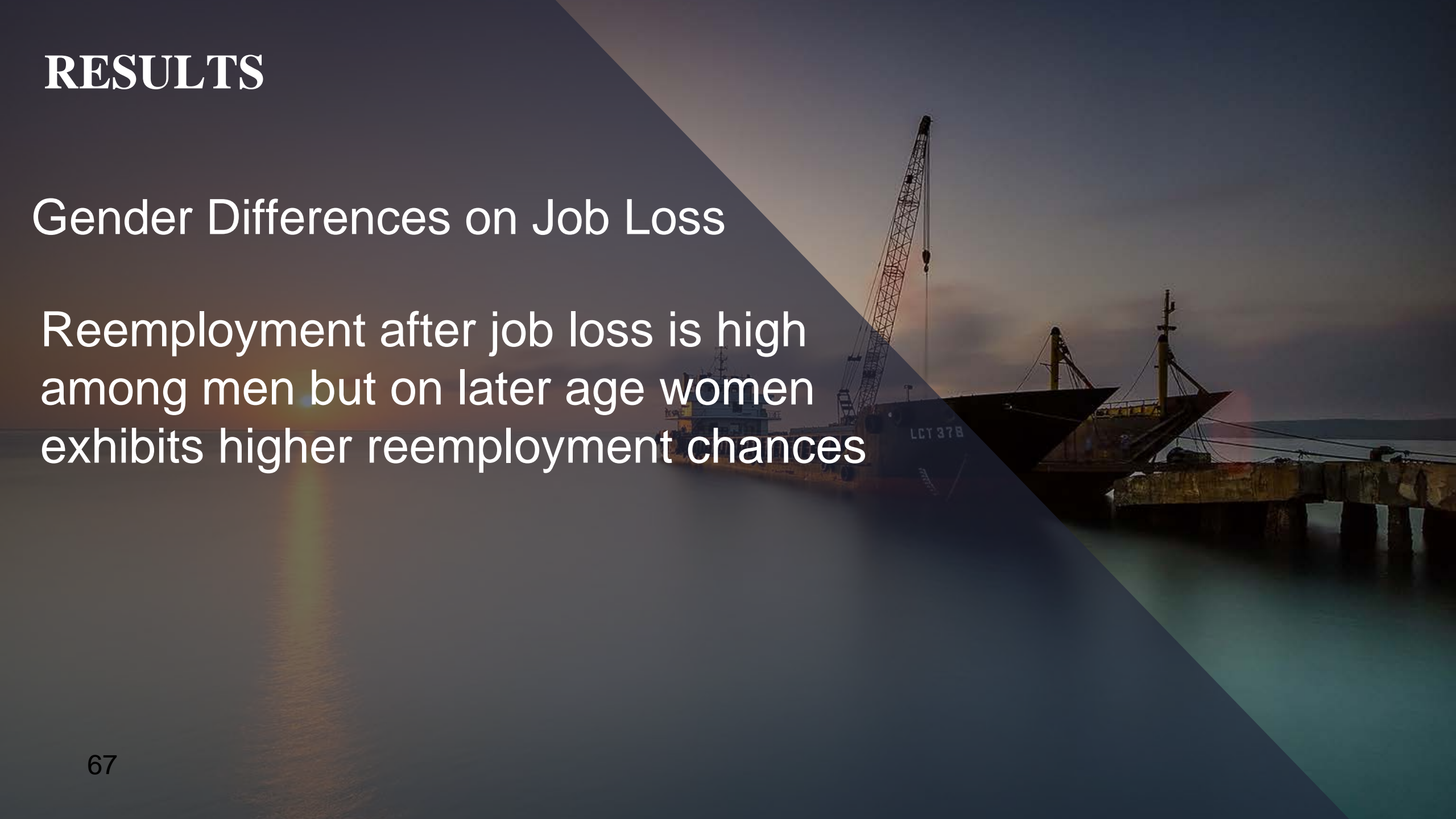
Job losses are largely observed from the service sector workers



# RESULTS

## Gender Differences on Job Loss

Reemployment after job loss is high among men but on later age women exhibits higher reemployment chances





**THE END.**

**THANK YOU!**

**MARAMING SALAMAT PO!**





*CLOSER Conference, London, 1 November 2017*

# Supporting ageing parents and changes in quality of life in Sweden and Denmark



Thijs van den Broek & Emily Grundy



THE LONDON SCHOOL  
OF ECONOMICS AND  
POLITICAL SCIENCE ■



European  
Research  
Council



# Informal care provision in context



- Adult children's provision of care to ageing parents and the impact that caregiving has on their lives may depend on the long-term care context.
- State supported care services more widely available -> less pressure on family members to take on care tasks
- This may make caregiving less detrimental for wellbeing.

# “Scandinavian model of public services”



- Sweden and Denmark traditionally both characterized by “abundant availability of care services” (e.g., Antonnen & Sipilä, 1996)
- Relatively low pressure to provide informal care
- But considerable retrenchment in Sweden in the 1990s and more recently in Denmark

# Informal caregiving: A source of stress



- Caregiver stress (Pearlin et al., 1990)
  - Primary stressors: care recipients' health limitations and extent and type of care needed
  - Secondary stressors: changes in self-perception, conflict with family and work responsibilities
- Stress is detrimental for quality of life (Litzelman et al., 2014)



# Hypotheses



H1. Providing support to ageing parents is detrimental for quality of life.



# Choice whether or not to provide care



- Role captivity makes caregiving particularly stressful (Pearlin et al., 1990)
- Organization of LTC shapes extent to which caregiving is matter of choice (see Leitner, 2003)

	Low coverage of long-term care services	High coverage of long-term care services
Low support for informal caregivers	Implicit familialism	De-familialism
High support for informal caregivers	Explicit familialism	Optional familialism

# Hypotheses



H1. Providing support to ageing parents is detrimental for quality of life.

H2. Negative association between providing support to ageing parents and quality of life is stronger in Sweden than in Denmark.



# Hypotheses



- H1. Providing support to ageing parents is detrimental for quality of life.
- H2. Negative association between providing support to ageing parents and quality of life is stronger in Sweden than in Denmark.
- H3. Country difference in the impact of caregiving on quality of life has become smaller over the course of the 21st century

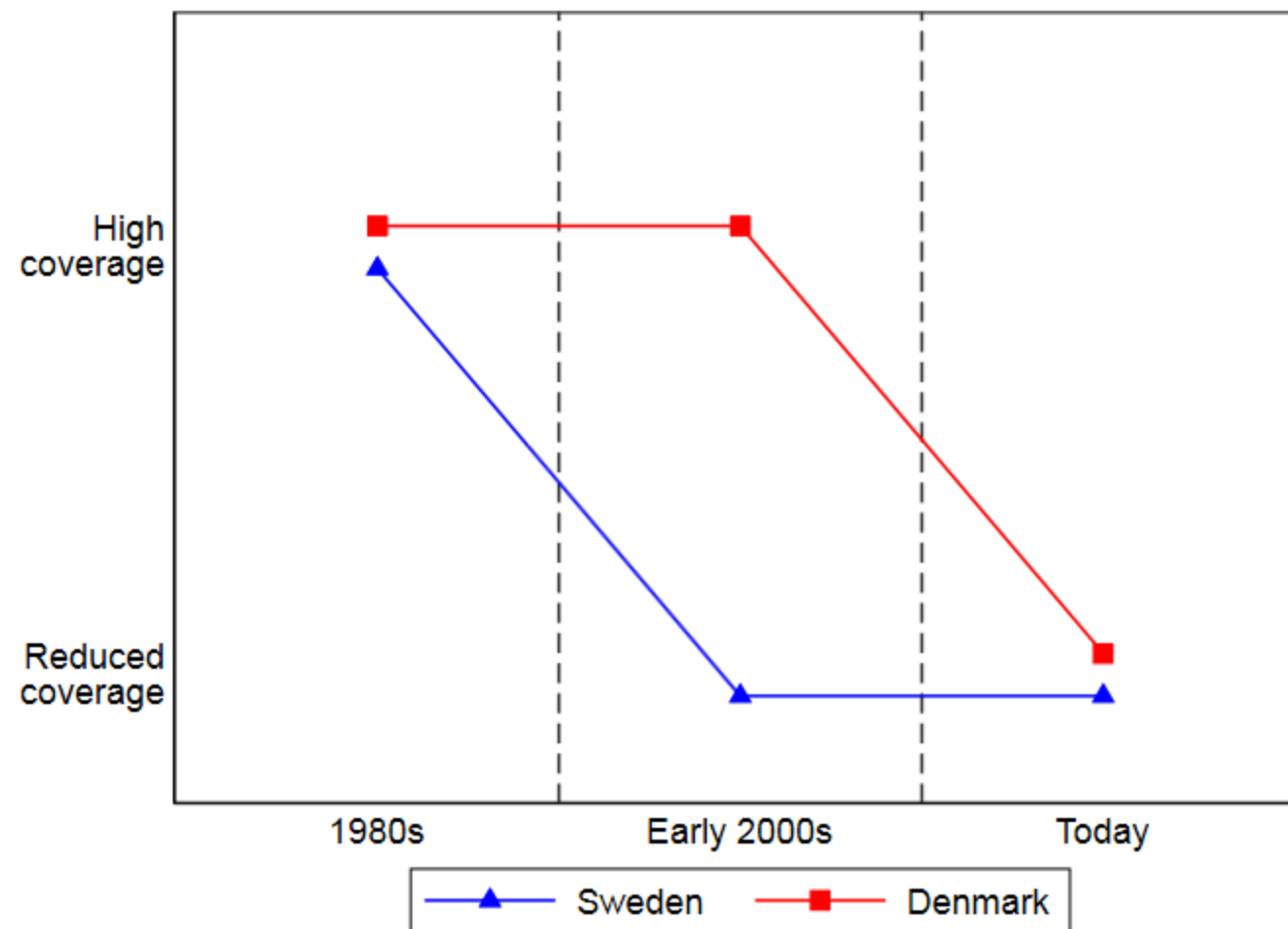


# Data

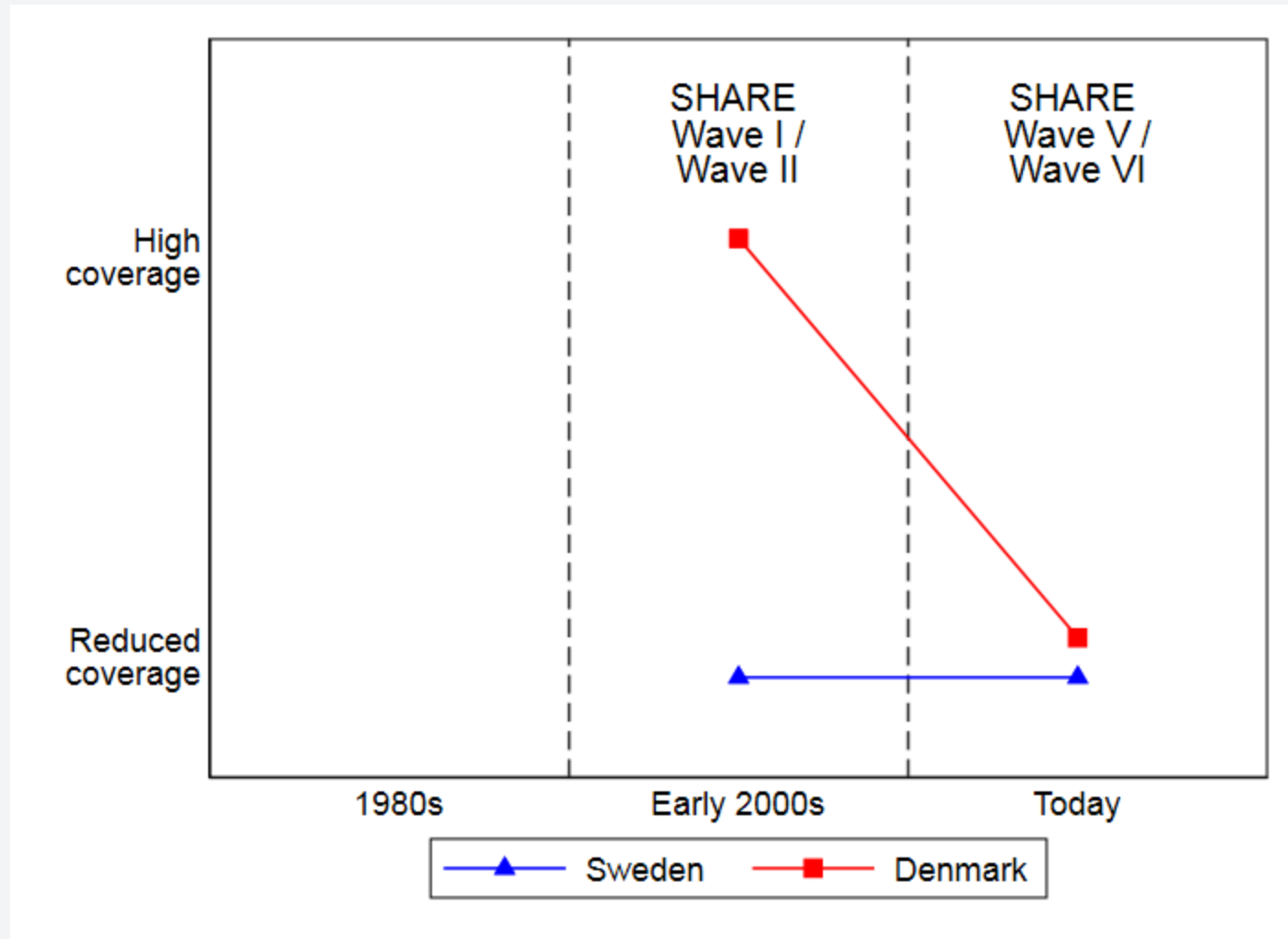


- Survey of Health, Aging and Retirement in Europe (SHARE)
- Wave I+II (2004-2007) or Wave V+VI (2013-2015)

# Long-term care coverage



# Long-term care coverage



- 2,166 observations for 1,083 men and women aged 50-75 who had at least one living parent at baseline and follow-up and had not provided support to parents in the 12 months prior to the baseline interview
- Multiple imputation was used to deal with missing information on variables of interest (14.3% of observations (n=309))



# Main measures



- Quality of Life: CASP-12 (range: 12-48;  $\alpha=.80$ )
- Provision of support/care: provided help with personal care and/or household support to a father and/or mother in less than good health between baseline and follow-up
- Parental health limitations: At least one living parent in poor / fair health

- Fixed effects regression; all time-invariant characteristics are accounted for
- First model: caregiving effect constrained not to vary by country or period
- Second model: caregiving effect varies by country
- Third model: country difference in caregiving effect varies by period (Wave I+II vs Wave V+VI)  
(difference-in-difference)

# Results FE regression Quality of Life

	b	(SE)	b	(SE)
Parent support	-0.83*	(0.37)		
Parent support x Denmark				
Follow-up	-0.04	(0.17)		
Age:				
50-54	Ref.			
55-59	0.19	(0.35)		
60-64	0.81	(0.55)		
65-69	0.86	(0.80)		
70-75	0.78	(1.54)		
Lives with partner	-0.66	(0.60)		
Employed	0.74	(0.48)		
One parent deceased	0.59	(0.59)		
At least one parent with less than good health	0.18	(0.24)		

Notes: Data are from SHARE Waves I, II, V, VI; n=2,166; Multiple imputation using chained equations was used to deal with missing values; Robust standard errors; \*  $p < 0.05$ , \*\*  $p < 0.01$

# Hypotheses



H1. Providing support to ageing parents is detrimental for quality of life.





# Results FE regression Quality of Life

	b	(SE)	b	(SE)
Parent support	-0.83*	(0.37)	-1.47**	(0.52)
Parent support x Denmark			1.32*	(0.63)
Follow-up	-0.04	(0.17)	-0.04	(0.17)
Age:				
50-54	Ref.		Ref.	
55-59	0.19	(0.35)	0.17	(0.35)
60-64	0.81	(0.55)	0.77	(0.55)
65-69	0.86	(0.80)	0.87	(0.80)
70-75	0.78	(1.54)	0.80	(1.54)
Lives with partner	-0.66	(0.60)	-0.67	(0.60)
Employed	0.74	(0.48)	0.74	(0.48)
One parent deceased	0.59	(0.59)	0.61	(0.59)
At least one parent with less than good health	0.18	(0.24)	0.17	(0.24)

Notes: Data are from SHARE Waves I, II, V, VI; n=2,166; Multiple imputation using chained equations was used to deal with missing values; Robust standard errors; \*  $p < 0.05$ , \*\*  $p < 0.01$

# Hypotheses



- H1. Providing support to ageing parents is detrimental for quality of life.
- H2. Negative association between providing support to ageing parents and quality of life is stronger in Sweden than in Denmark.



# Results FE regression Quality of Life



- Addition of 3-way interaction (support provision X country X period) not significant ( $F(2, 1,082) = 0.49, p = .61$ ).
- The extent to which the effect differs between Sweden and Denmark did not change significantly over time ( $\Delta b: -.62, 95\% \text{ CI: } -3.47; 2.23$ )

# Hypotheses



- H1. Providing support to ageing parents is detrimental for quality of life.
- H2. Negative association between providing support to ageing parents and quality of life is stronger in Sweden than in Denmark.
- H3. Country difference in the impact of caregiving on quality of life has become smaller over the course of the 21st century



- Particularly in Sweden, providing care to parents is detrimental for quality of life
- But no evidence that adverse effects of caregiving on quality of life became stronger when LTC coverage was reduced in Denmark
- “Optional familialism” (Leitner, 2003): generous provision of state supported care services + *support for caregivers*
- Denmark: training for informal caregivers & more generous care leave and pension credits (Courtin et al., 2014)

# Thank you for your attention!



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