

# Linking data on proximity to fast foods to the Millennium Cohort Study

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#### Excess weight in childhood and adolescence, by gender



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overweight obese



- Fast food outlets incl. chip shops, burger bars and pizza places account for more than a quarter (26%) of all eateries in England
- 34% increase in fast food outlets from 2010 to 2018 in the UK
- England's poorest areas have 5 times more fast food outlets than the most affluent



## Research Question: does proximity to fast food restaurants affect childhood obesity rates?

Challenge - associations between the two may reflect socioeconomic deprivation rather than the presence of fast food outlets

Most papers based on cross-sectional data, or v local/small scale studies - must be interpreted cautiously ...



### Takeaway clampdowns 'may combat obesity epidemic'

By Helen Briggs BBC News

3 14 March 2014





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Restricting the number of fast-food outlets around offices and homes could help combat the obesity epidemic, UK researchers say.

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### **Opportunities - Data**

Very detailed geo data on availability of fast food outlets across Great Britain:

- OS 'Points of Interest' 4 million+ commercial and public (non-residential) organisations over 600 categories including fast food, supermarkets, green food stores etc. (2005 -)
- OS 'MasterMap' including road networks, building polygons, aerial photography and building heights (enabling 3D analysis) datasets (1997 -)
- Millennium Cohort Study BMI measures over time throughout childhood/adolescence, plus rich data on children's backgrounds from birth



#### What we do

- We use OS Points of Interest data to classify eateries into whether they are fast food or not
- For each cohort member, we use road network data from OS 'MasterMap' to calculate 400m/800m/1600m buffers around their home and school postcodes
- We combine this to calculate the number of fast food outlets around each cohort member's home and school postcodes – at ages 7, 11, 14



#### What we do



Using Ordnance Survey data to map the local food environments of MCS cohort members

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OS MasterMap Crown Copyright Data downloaded September 2019 from Edina Digimap

#### Challenges – Classification & changes over time

Classification of eateries into whether they are fast food or not



categories, 2005 - 2017

Points of Interest data - change in number of records for selected

..... Linear (Cafes, snack bars and tea rooms) ..... Linear (Fast food and takeaway outlets)



Illustration of distance errors between building centroids and geometric unit postcode centroids

Challenges - postcodes v addresses



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